

## Integrative and Functional Medical Nutrition Therapy: Principles and Practices (Nutrition and Health)

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SKU: 9783030307295

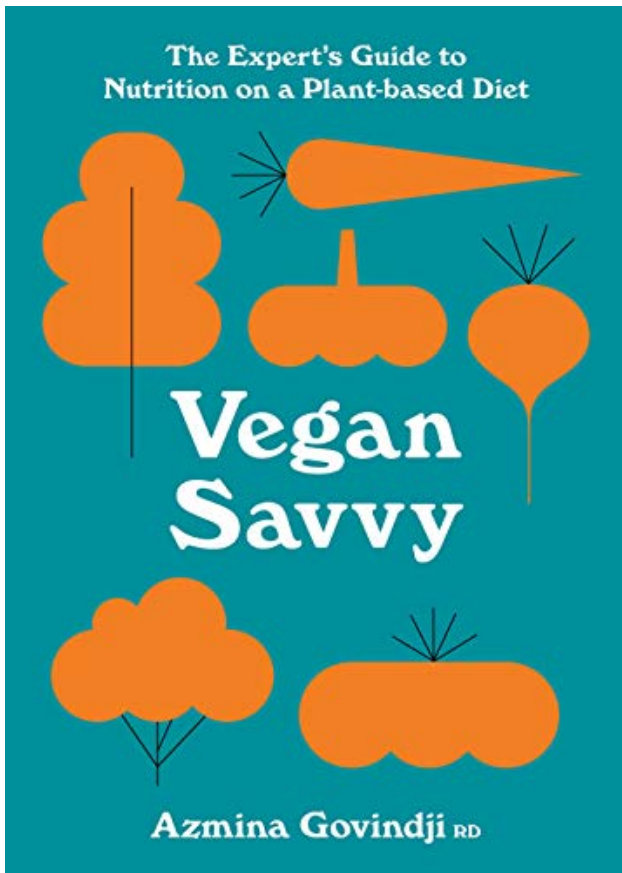
Price: \$3,779.79

Categories: [BIOCHEMISTRY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY](#), [LIFE SCIENCES](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

This textbook is a practical guide to the application of the philosophy and principles of Integrative and Functional Medical Nutrition Therapy (IFMNT) in the practice of medicine, and the key role nutrition plays in restoring and maintaining wellness. The textbook provides an overview of recent reviews and studies of physiological and biochemical contributions to IFMNT and address nutritional influences in human health overall, including poor nutrition, genomics, environmental toxicant exposures, fractured human interactions, limited physical movement, stress, sleep deprivation, and other lifestyle factors. Ultimately, this textbook serves to help practitioners, healthcare systems, and policy makers better understand this different and novel approach to complex chronic disorders. It provides the reader with real world examples of applications of the underlying principles and practices of integrative/functional nutrition therapies and presents the most up-to-date intervention strategies and clinical tools to help the reader keep abreast of developments in this emerging specialty field. Many chapters include comprehensive coverage of the topic and clinical applications with supplementary learning features such as case studies, take-home messages, patient and practitioner handouts, algorithms, and suggested readings. Integrative and Functional Medical Nutrition Therapy: Principles and Practices will serve as an invaluable guide for healthcare professionals in their clinical application of nutrition, lifestyle assessment, and intervention for each unique, individual patient.

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## Vegan Savvy: The Expert's Guide to Nutrition on a Plant-Based Diet

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SKU: 9781911663416

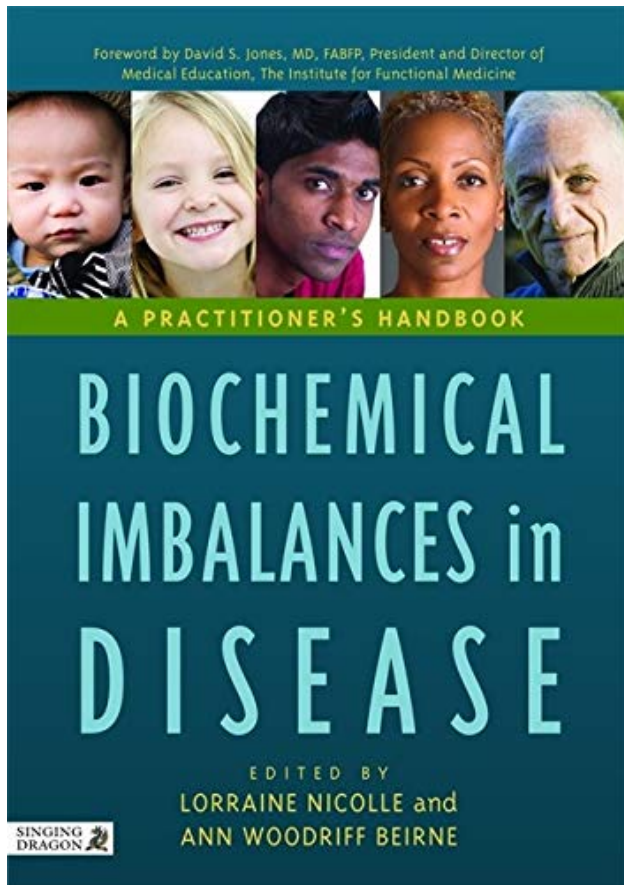
Price: \$376.95

Categories: [COOKERY / FOOD & DRINK ETC](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SPORT, TRAVEL AND LEISURE INTERESTS](#), [Vegetarian cookery](#)

### Product Description

This is a positive, authoritative look at the health questions that surround veganism so that you can get the most out of your plant-based diet. Veganism is one of the fastest growing movements across the world, with 3.5 million people in the UK having cut out animal products completely. This diet, however, is not without its difficulties. As with any diet, when you change what you eat, you also have to change the way you eat and how you think about food. It is easy, in 2020, to fall down a rabbit hole of vegan fast food and beans on toast and end up deficient in iron, iodine, omega-3 fatty acids and calcium. On a vegan diet it can sometimes also be difficult to get enough high-quality proteins and even calories. Lack of these nutrients may lead to unwanted symptoms of feeling sluggish or low in energy, looking pale and suffering mood swings. Simply cutting out meat and eating more veg doesn't guarantee a healthy diet. With this book as your companion, you can remedy these pitfalls so that you feel healthy and bursting with energy and vitality. This is the simple, flexible and nutritionally approved way to make it easier to stick to a vegan diet without compromising on health. Chapters include: Getting Your Mind on Your Side Picture Your Plate Vegetables: the more the better Kings and Queens of Protein Here's Looking at You, Carb Getting Your Fats Straight Boost Your Energy Calcium Without Dairy Micronutrients: Small but Mighty Eating In: Building Healthy Habits at Home Eating Out: Staying Powerful When Out and About

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## Biochemical Imbalances in Disease: A Practitioner's Handbook

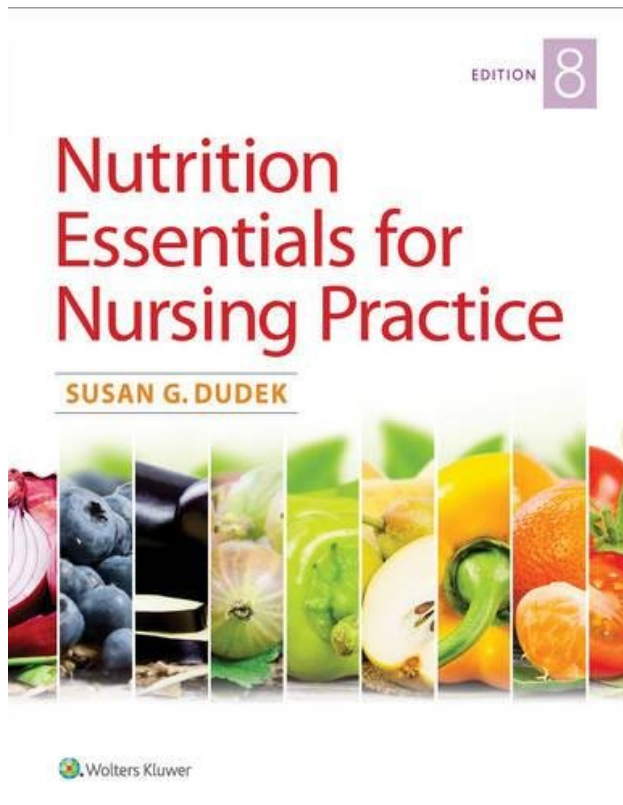
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SKU: 9781848190337

Price: \$1,468.95

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description



## Nutrition Essentials for Nursing Practice [Paperback] [Jun 25, 2017] Susan Dudek

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SKU: 9781496380012

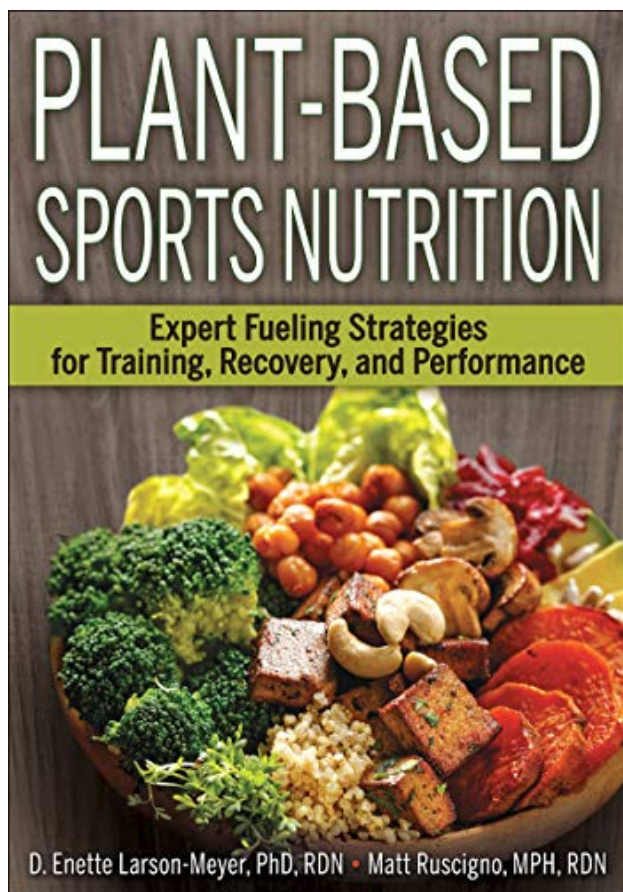
Price: \$20,999.79

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING](#), [NURSING & ANCILLARY SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

based practice and nutrition recommendations, this eighth edition of Susan Dudek's highly respected text maintains its focus on all steps of the nursing care process, from assessment and nursing diagnoses to implementation and evaluation. Highlights of the eighth edition: \* New! Unfolding case studies use real-life scenarios to build critical thinking skills by asking students to apply theory to nutrition issues. \* A revised Chapter 1, Nutrition in Health and Healthcare, explains the role of nutrition in chronic disease prevention, the interdisciplinary nature of nutrition care, and how technology is affecting the future of nutrition. \* Updated content includes the 2015-2020 Dietary Guidelines for Americans and its companion MyPlate, use of eating patterns in place of diet to connote lifestyle rather than a therapeutic approach, and inclusion of the newly revised Nutrition Facts label to be implemented for most packaged foods by 2018. \* New topics include antibiotics in the food supply, new guidelines for the provision of enteral and parenteral nutrition support, and proposed changes in how malnutrition is defined. \* An increased focus on obesity prevention and treatment includes lifestyle modification, medication, and bariatric surgery. \* Built-in learning aids, include chapter-opening Check Your Knowledge questions, key terms defined in the margins, at-a-glance Nursing Process tables, chapter-ending Key Concepts summaries, and How Do You Respond? questions that prepare students to think on their feet in clinical practice.

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## Plant-Based Sports Nutrition: Expert fueling strategies for training, recovery, and performance

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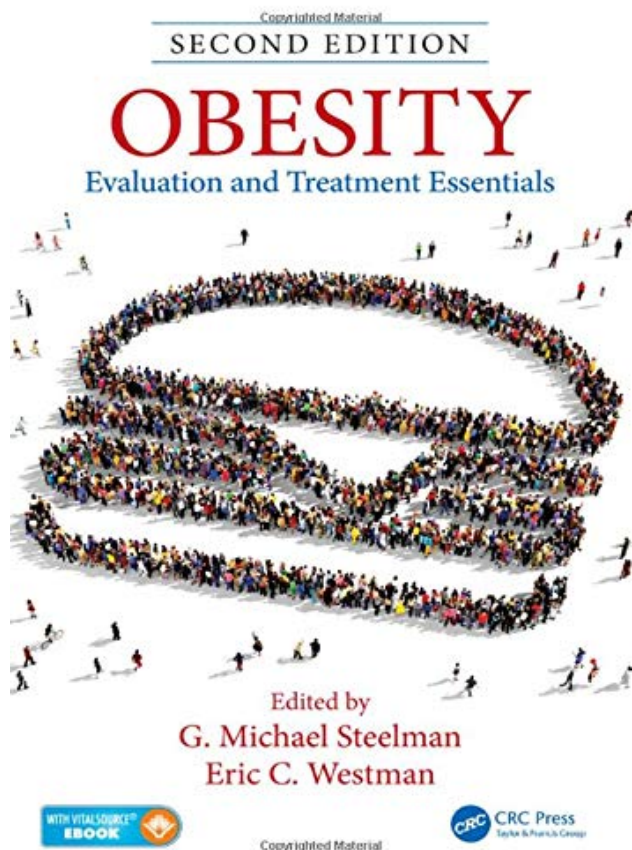
SKU: 9781492568643

Price: \$523.95

Categories: [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SPORT, TRAVEL AND LEISURE INTERESTS](#), [SPORTS & OUTDOOR RECREATION](#), [SPORTS TRAINING & COACHING](#)

### Product Description

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## Obesity: Evaluation and Treatment Essentials, Second Edition

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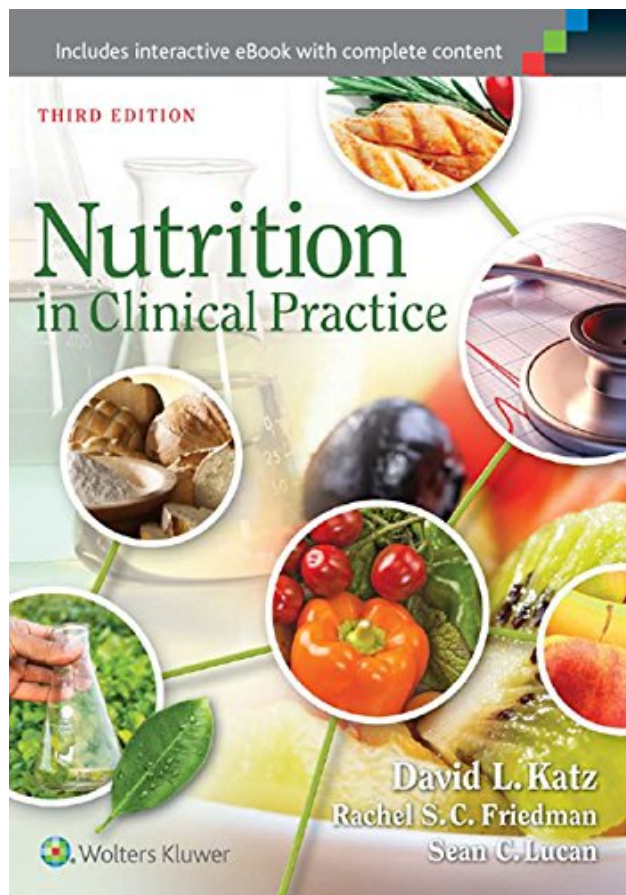
SKU: 9781482262070

Price: \$3,570.00

Categories: [CLINICAL & INTERNAL MEDICINE](#), [ENDOCRINOLOGY](#), [MEDICAL SCIENCE](#), [MEDICINE](#), [MEDICINE: GENERAL ISSUES](#), [Obesity: treatment & therapy](#), [OTHER BRANCHES OF MEDICINE](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [Therapy & therapeutics](#)

### Product Description

Obesity is considered a complex and multifactorial disease. Its treatment, therefore, must also be multimodal and tailored to meet the needs of each patient. Obesity: Evaluation and Treatment Essentials presents a wide spectrum of practical treatment protocols for obesity including exercise, pharmacology, behavior modification, and dietary factors, from the point of view of the practicing physician. The book includes information about the new pharmacotherapy available for the treatment of obesity. It also includes a chapter on medical treatment of pediatric obesity that identifies the special needs of children and outlines approaches for managing the obese child. A chapter on binge eating disorder has been added and the information on pharmacology of bariatric medicine has been updated. The book addresses various dietary interventions such as low-calorie balanced diets, low-carbohydrate diets, and very-low-carbohydrate diets while also exploring the comorbidities of obesity such as hypertension, cardiovascular disease, and Type II diabetes. Written by prominent members of the Obesity Medicine Association and a multidisciplinary team of clinicians and researchers, the book showcases successful treatment methods by including personal key points by clinicians in each chapter. This comprehensive resource is an invaluable, user-friendly tool for bariatric physicians and surgeons, endocrinologists, diabetologists, nutritionists, and dieticians, as well as all other professionals who currently treat obesity.



## Nutrition in Clinical Practice

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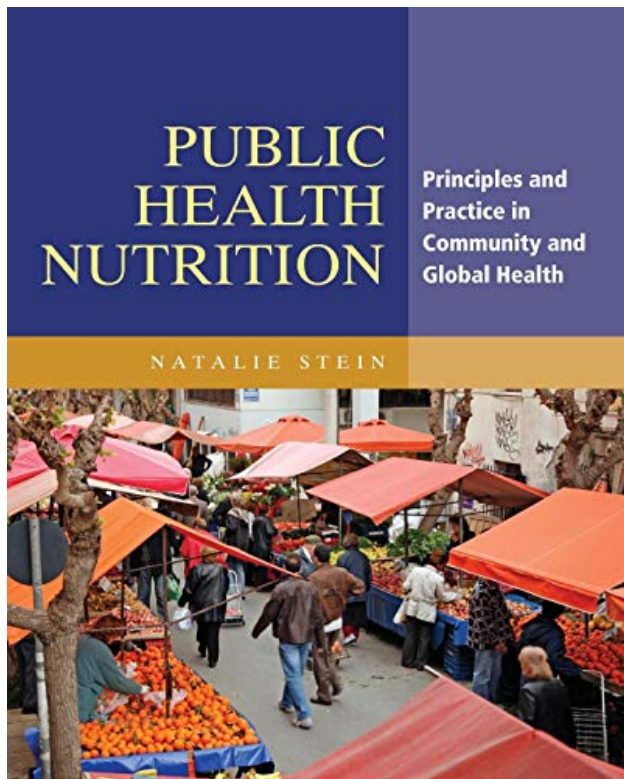
SKU: 9781451186642

Price: \$1,847.79

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

In nearly every level of treatment and counseling, care providers must take into account the effects of their patients' diets. Nutrition in Clinical Practice is written to guide health professionals in providing well-informed, compassionate, and effective dietary and weight-management counseling. This fully updated 3rd edition is edited by a leading authority in nutrition and preventive medicine. Practical and evidence-based, chapters address the effects of diet on health and a comprehensive array of illnesses, making it a vital and timely addition to any caregiver's library. Features: NEW data from hundreds of recent studies NEW section: Contemporary Topics in Nutrition Easy-reference format includes short chapters, links to current online articles Contributors representing diverse expertise and practical experience with medical education, nutrition in clinical practice, and preventive medicine Enhanced coverage of controversial topics, such as, the effects of sugar; health effects of obesity and the 'obesity paradox'; health effects of gluten and grains; nutritional therapy Appendices includes ancillary materials such as clinically relevant formulas, nutrition data tables, and patient specific meal planners, all fully updated Now with the print edition, enjoy the bundled interactive eBook edition, offering tablet, smartphone, or online access to: Complete content with enhanced navigation A powerful search tool that pulls results from content in the book, your notes, and even the web Cross-linked pages, references, and more for easy navigation Highlighting tool for easier reference of key content throughout the text Ability to take and share notes with friends and colleagues Quick reference tabbing to save your favorite content for future use



# Public Health Nutrition: Principles and Practice in Community and Global Health

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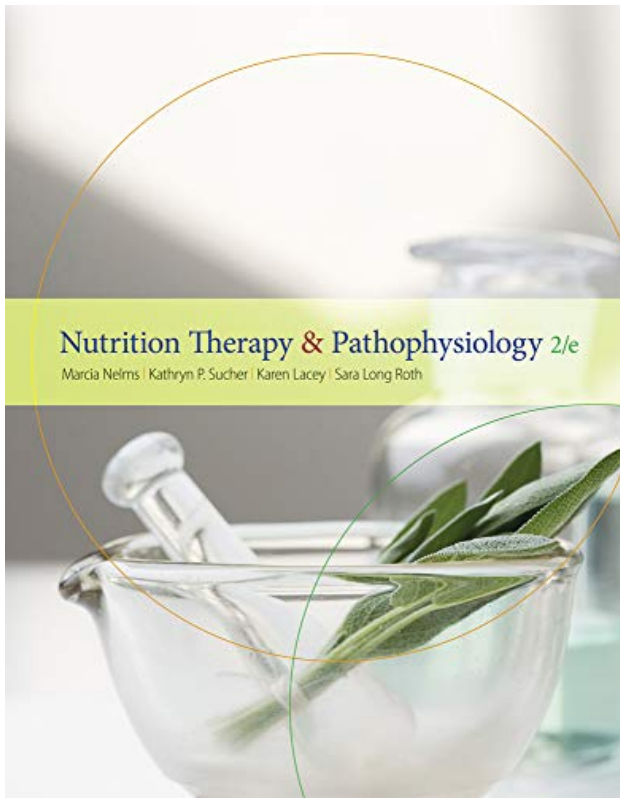
SKU: 9781449692049

Price: \$2,812.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

## Product Description

Issues related to nutrition are among the most pressing public health concerns in modern times. Worldwide, nearly 1 billion individuals are undernourished, with over a billion more individuals deficient in protein or one or more essential micronutrients. Malnutrition plays a role in more than half of all childhood deaths. Effects of malnutrition include mortality, decreased economic productivity, morbidities, such as blindness and stunting, and development of chronic diseases. Conversely, overnutrition has emerged as current and growing threat to the world's health. Two-thirds of adults in the United States are overweight or obese, and 35 percent of the world's population are overweight. Two-thirds of the world's population living in countries where more people die from overnutrition than undernutrition. Chronic diseases are similarly of concern, with heart disease, cancer, and other diet-related chronic diseases among the leading causes of death in the world. This book is a comprehensive introduction to Public Health Nutrition, and has a unique balance, focusing on the health of communities and nations, and presenting the most significant public health nutrition problems and solutions worldwide. It presents key concepts in public health nutrition and presents case studies from the United States and world, and from across all life stages, to illustrate these concepts. Designed for MPH programs, this book will prepare students to become successful global public health professionals, with a clear understanding of the critical need for public health nutrition programs around the globe. Unlike other texts of its kind, Public Health Nutrition: Principles and Practice for Community and Global Health includes a unique explanation of nutritional science as it relates to public health. Readers will come away with a solid understanding of nutrition and public health infrastructure, enabling them to be more effective in improving public health nutrition. With 24 chapters divided into 6 parts, this book covers: Part 1: Nutrition around the World Part 2: Policy and Public Health Nutrition Part 3: Hunger and Malnutrition Part 4: Maternal and Child Nutrition Part 5: Nutritional Scenes in Developing Nations Part 6: Nutrition and the Environment Key Features: \* A global focus ties in current topics from around the world with examples from the U.S., industrialized and developing nations in the Americas, Europe, Africa, Asia, and Australia. \* Each chapter opens with a case study presenting a public health nutrition problem and approach \* Provides in-depth examples, such as the school lunch programs in India and Japan, development of community-based health systems in Thailand, and breastfeeding promotion initiatives in Ghana



## Nutrition Therapy and Pathophysiology (Available Titles Diet Analysis Plus)

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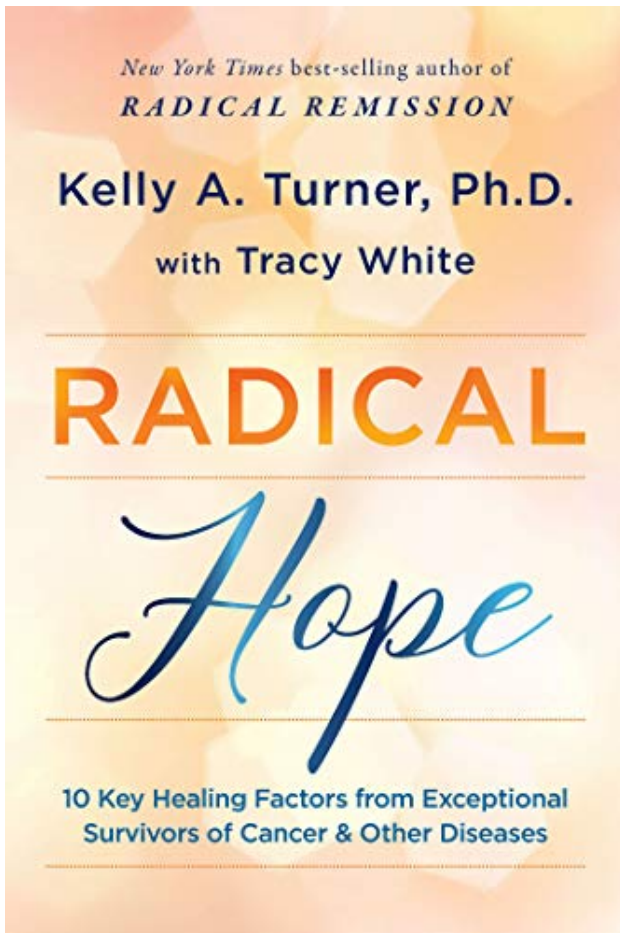
SKU: 9781439049624

Price: \$4,198.95

Categories: [ANATOMY](#), [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY](#), [LIFE SCIENCES](#), [COMPLEMENTARY MEDICINE](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING](#), [NURSING & ANCILLARY SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PRE-CLINICAL MEDICINE: BASIC SCIENCES](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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## Radical Hope: 10 Key Healing Factors from Exceptional Survivors of Cancer & Other Diseases

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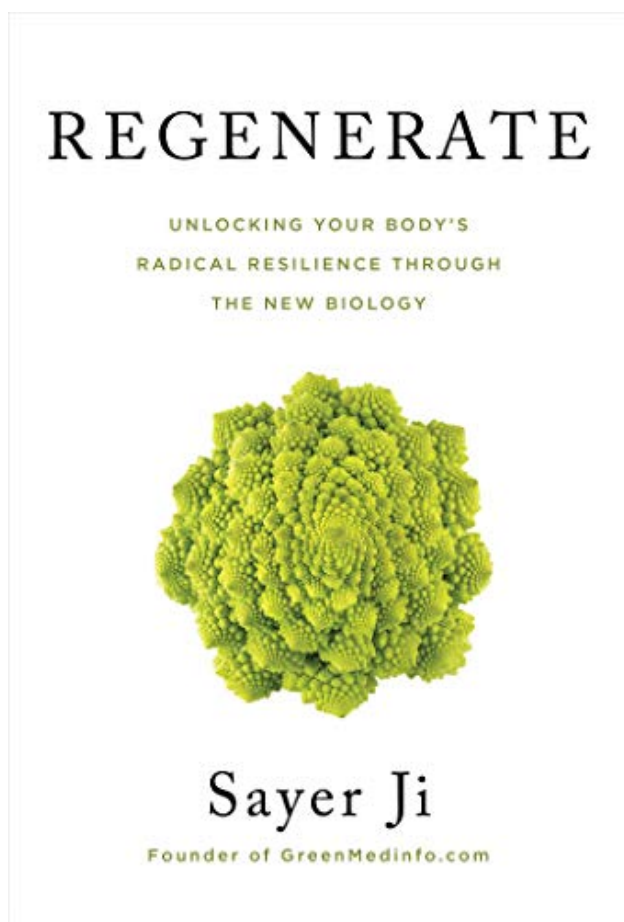
SKU: 9781401959210

Price: \$566.79

Categories: [CLINICAL & INTERNAL MEDICINE](#), [Complementary therapies, healing & health](#), [DISEASES & DISORDERS](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [MIND, BODY, SPIRIT](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [POPULAR MEDICINE](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)



Real-life stories of hope and healing through 10 key lifestyle factors. Following the publication of the New York Times best-selling *Radical Remission*, researcher Kelly A. Turner, Ph.D., has collected hundreds of new cases of radical remissions - from cancer and now also other diseases - from across the globe. In *Radical Hope*, Turner explores the real-life application of the *Radical Remission* principles and the people who have chosen to take this journey. From the importance of self-empowerment in Bob's story to recognizing the strong reasons you have for living in Alex's story, each chapter shares a survivor's truths and use of one of the 10 key *Radical Remission* healing factors in their own words. Turner provides updated scientific research and new tips for each factor, and unveils a tenth key factor for integration into your healing approach. Male and female, young and old, these survivors have recognized that by taking ownership of their approach to healing, they would be giving themselves the best chance for a longer and healthier life, with the ultimate goal of achieving remission. With warmth, realness, and a true sense of hope, Turner shines the spotlight on the pure strength of your own being and offers steadfast support and guidance for making the unique and individual decisions that lead to a powerful journey of healing.



## Regenerate: Unlocking Your Body's Radical Resilience through the New Biology

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SKU: 9781401956387

Price: \$566.79

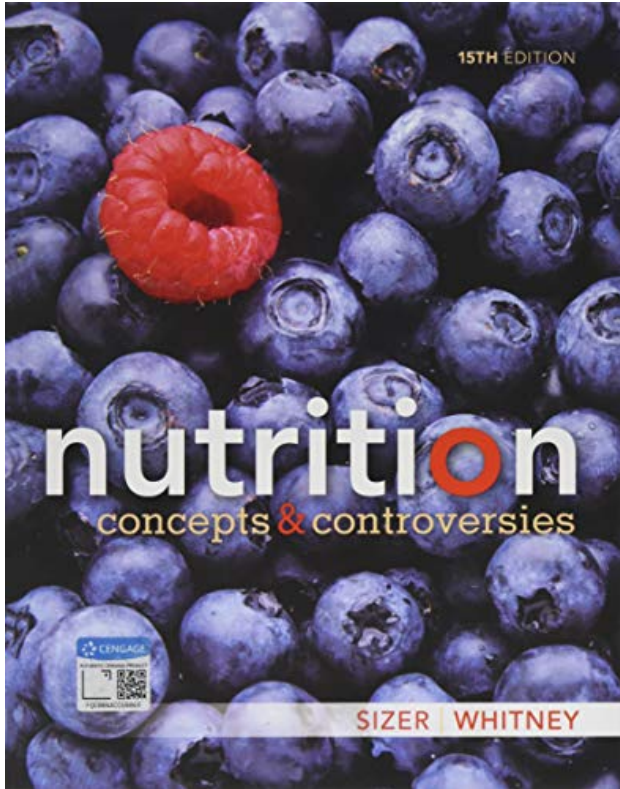
Categories: [Complementary therapies, healing & health](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [MIND, BODY, SPIRIT](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [POPULAR MEDICINE](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Radical resilience - not disease - is your body's destiny. Modern medicine and human health are at a critical crossroads, and the truth is that you and not your genes are in the driver's seat of the evolutionary miracle that is your body. Combining analysis of cutting-edge scientific findings with our deepest ancestral wisdom and health-promoting practices, Sayer Ji, founder of GreenMedInfo, offers a time-tested program to help prevent and manage the most common health afflictions of our day - cancer, heart disease, neurodegenerative diseases, and metabolic syndrome. Antiquated thinking and scientific dogma have long obstructed our understanding of our innate untapped potential for self-regeneration and radical healing. But the New Biology explains why biological time is not a downward spiral and how chronic illness is not

New Biology, Sayer Ji illuminates: - the fascinating new science of food as information; - the truth about cancer and heart disease screening and what real prevention looks like; - how to reverse the most common forms of degeneration using food-based approaches; - how the body extracts energy from sources other than food, including water and melanin; and - how to make sense of conflicting dietary recommendations and out-of-date food philosophies. Unlock your radical resilience through this roadmap for diet, exercise, stress reduction, and the cultivation of the environment in which you choose to live.

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## Nutrition: Concepts and Controversies

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SKU: 9781337906371

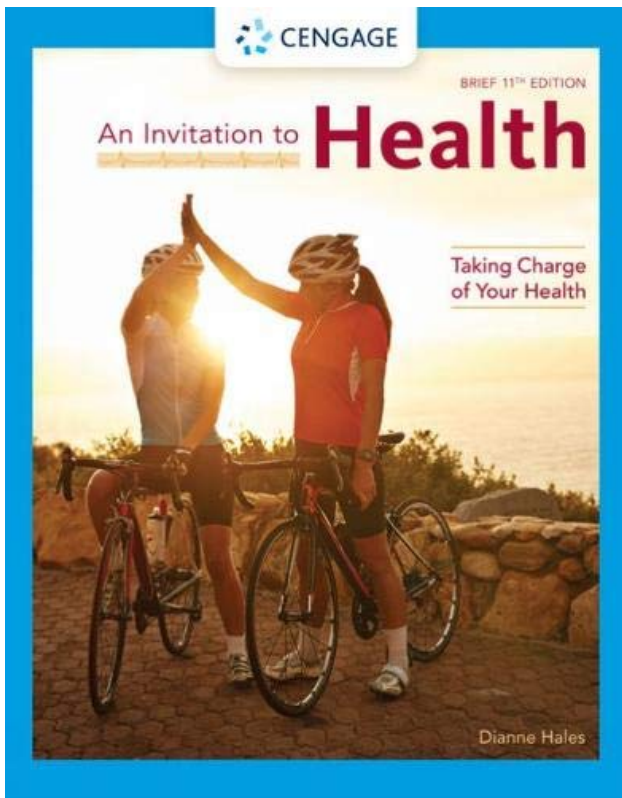
Price: \$4,198.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Nourish your mind and body with NUTRITION: CONCEPTS AND CONTROVERSIES. More conversational than a pure-science text, this book explores the essentials of nutrition--including how the body breaks down and uses food, food safety, sports nutrition and special nutritional needs throughout the human life cycle--and asks you to weigh in on relevant debates, such as world hunger, chronic diseases, dietary guidelines and eating patterns. Available with the MindTap learning platform, the 15th edition also offers self-quizzing and activities to propel your learning from memorization to mastery.

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## An Invitation to Health: Taking Charge of Your Health, Brief Edition (MindTap Course List)

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SKU: 9781337919401

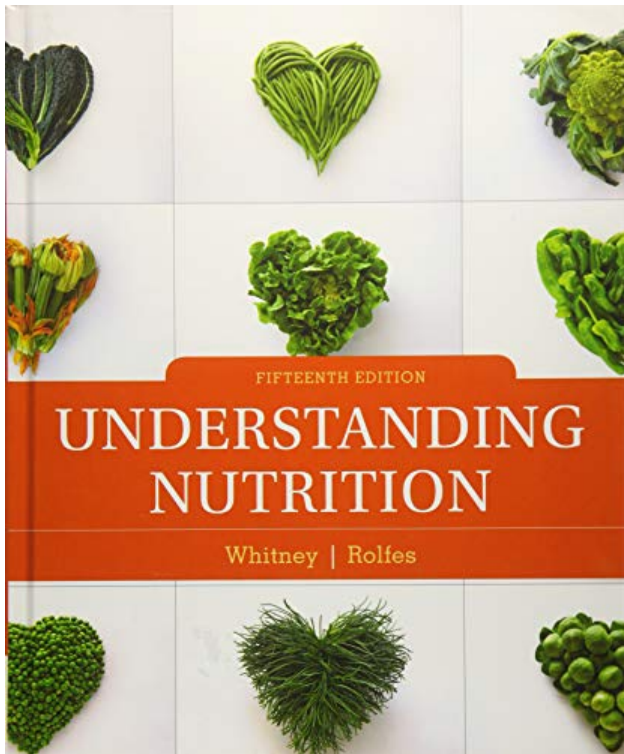
Price: \$2,371.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Start making healthier choices now for a lifestyle of healthy living. AN INVITATION TO HEALTH: TAKING CHARGE OF YOUR HEALTH, BRIEF EDITION, 11th Edition, helps you assess your health behaviors, encourages positive behavior change, and gives you effective ways to achieve it. Covering body, mind, and spirit, the book addresses current issues related to health and wellness that can affect you now and throughout your life. The book empowers you with practical ideas and tools that you can immediately apply to your own life. Health on a Budget features demonstrate practical ways you can achieve your health goals in low- and no-cost ways, while Consumer Alert features help you evaluate health care. AN INVITATION TO HEALTH helps you build your foundation for a healthier future.

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## Understanding Nutrition - Standalone Book

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SKU: 9781337392693

Price: \$4,198.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

The bestselling UNDERSTANDING NUTRITION makes the science of nutrition meaningful and memorable. Updated with the latest available research and the new 2015-2020 Dietary Guidelines, the 15th Edition emphasizes active learning and prepares students for their future careers. Authors Whitney and Rolfes draw readers into the study of nutrition with a lively and approachable writing style--dispelling students' existing misconceptions and empowering them to make better nutrition choices and enact lasting behavior change.



## Food and Culture

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SKU: 9781305628052

Price: \$4,198.95

Categories: [Cultural studies](#), [Food & society](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SOCIAL SCIENCES](#), [SOCIETY & CULTURE: GENERAL](#)

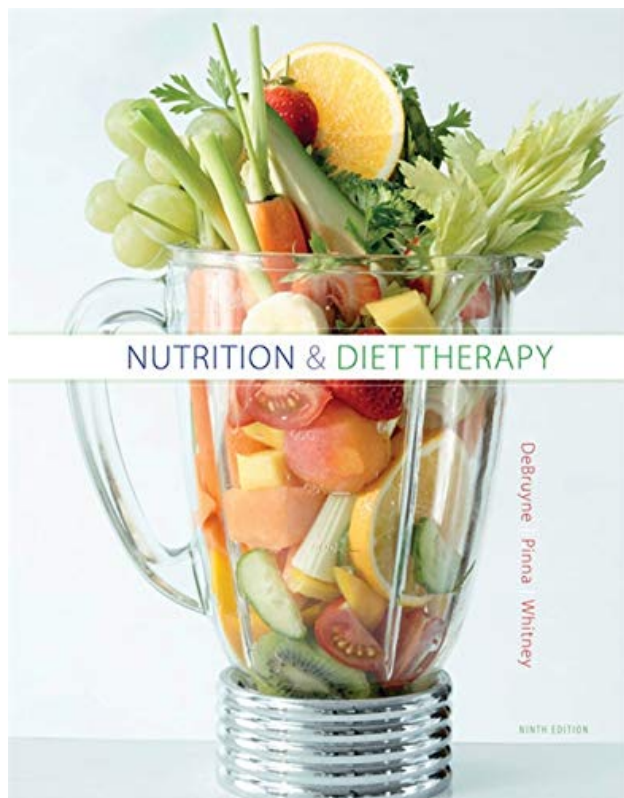
Food & Culture

SEVENTH EDITION

Kittler • Sucher • Nelms

FOOD AND CULTURE is the market-leading text for the cultural foods courses, providing current information on the health, culture, food, and nutrition habits of the most common ethnic and racial groups living in the United States. It is designed to help health professionals, chefs, and others in the food service industry learn to work effectively with members of different ethnic and religious groups in a culturally sensitive manner. The authors include comprehensive coverage of key ethnic, religious, and regional groups, including Native Americans, Europeans, Africans, Mexicans and Central Americans, Caribbean Islanders, South Americans, Chinese, Japanese, Koreans, Southeast Asians, Pacific Islanders, People of the Balkans, Middle Easterners, Asian Indians, and regional Americans.

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## Nutrition and Diet Therapy

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SKU: 9781305110403

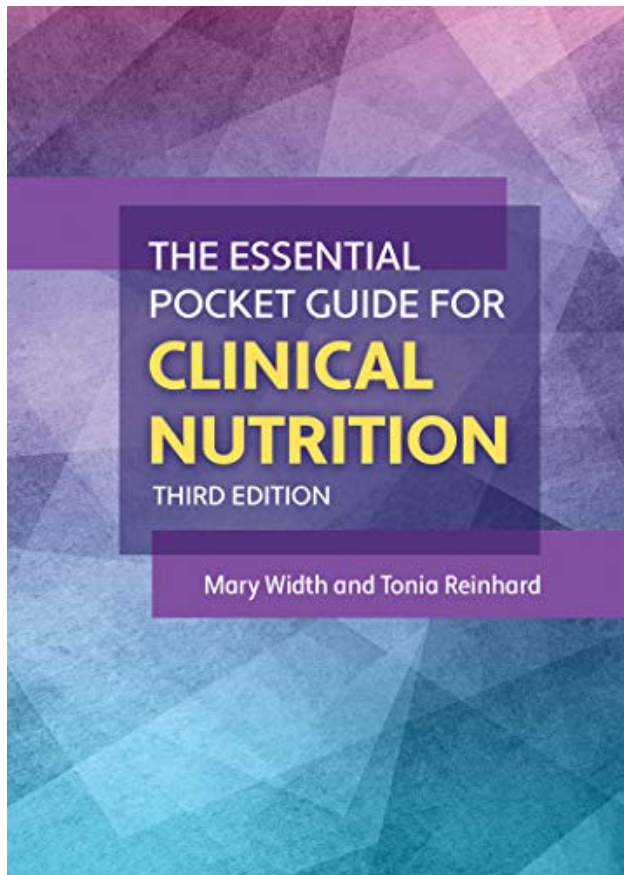
Price: \$4,198.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE](#), [MEDICINE: GENERAL ISSUES](#), [OTHER BRANCHES OF MEDICINE](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [Therapy & therapeutics](#)

### Product Description

NUTRITION AND DIET THERAPY, 9th Edition, is unique in its organization by diets rather than by organ systems or disease states and distinguishes itself through rich pedagogical features that require students to apply their knowledge as they learn it. This text provides core nutrition concepts and up-to-date clinical content at a level that is accessible to the range of health care team members who are responsible for a client's nutrition needs. NUTRITION AND DIET THERAPY provides the basic facts and a wealth of practical information readers need to assume their responsibility for nutrition care.

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## The Essential Pocket Guide for Clinical Nutrition

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SKU: 9781284197839

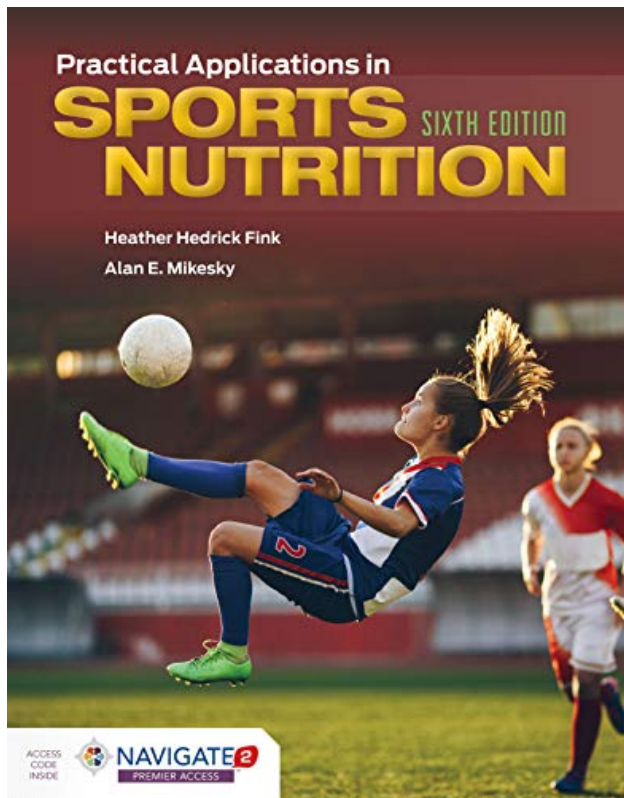
Price: \$1,258.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

The Essential Pocket Guide for Clinical Nutrition, Third Edition is a quick-reference guide for dietitians, students, and other health professionals actively engaged in clinical nutrition, providing them with immediate access to evidence-based information on nutritional assessment, nutrition support, and nutrition considerations for specific diseases such as cancer, cardiovascular disease, diabetes, and pulmonary disease. Using the latest nutritional guidelines, the authors utilize a consistent chapter format that includes sections on disease process, treatment and nutritional intervention, and patient education, making it easy to find the relevant information. New sections consider the nutrition implications of dementia, Alzheimer's, and Parkinson's; nutritional care for bone marrow transplant patients; food safety in intestinal transplant operations; and more.

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## Practical Applications in Sports Nutrition

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SKU: 9781284181340

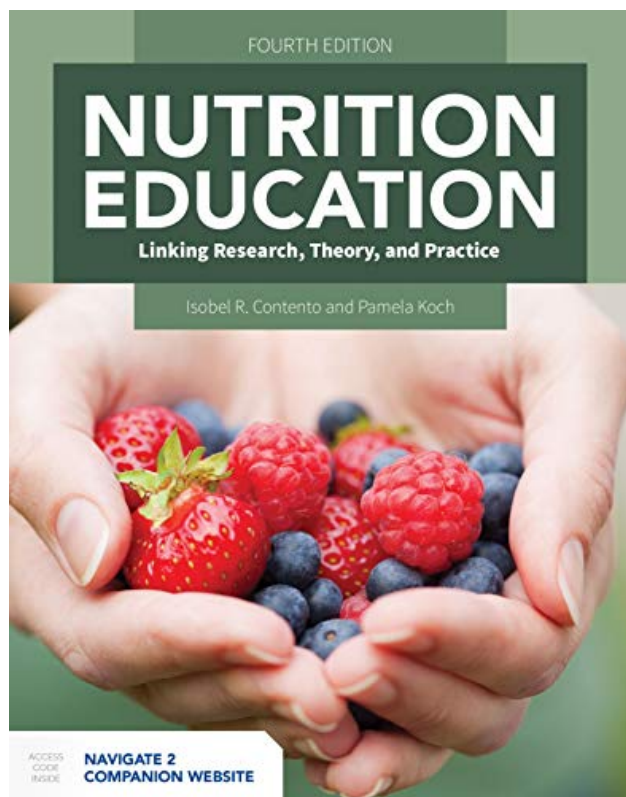
Price: \$2,833.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Every new print copy of Practical Applications in Sports Nutrition, Sixth Edition includes Navigate 2 Premier Access which includes numerous learning tools and study aids including a full eBook, 15 interactive case-study modules, animations, workbook exercises in writable PDF format, and much more. The sixth edition of Practical Applications in Sports Nutrition provides students with the latest sports nutrition information and dietary practices enabling them to assist athletes and fitness enthusiasts in achieving their personal performance goals. The authors provide data and statistics from the latest nutrition research and guidelines to demonstrate effective ways to communicate sports nutrition messages to athletes and outline how to motivate individuals to make permanent behavior change. Early chapters provide an introduction to sports nutrition and give a thorough explanation of macronutrients, micronutrients, and water, and their relation to athletic performance. Later chapters focus on the practical and applied aspects of sports nutrition including behavior change through consultations and weight management. An end-of-text workbook provides readers with an opportunity to apply the information they have learned to various real-world activities. Instructor resources include a test bank with chapter quizzes, mid-term and final (in Navigate 2), Lecture Slides in PowerPoint format, and Instructor's Manual.

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## Nutrition Education: Linking Research, Theory, and Practice: Linking Research, Theory, and Practice

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SKU: 9781284168921

Price: \$3,148.95

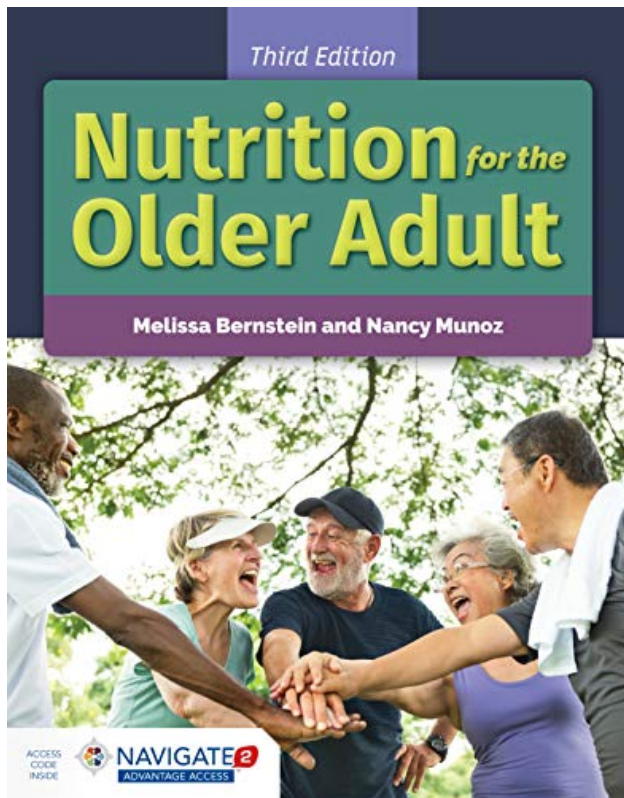
Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Each new print copy of Nutrition Education, Fourth Edition includes access to the Navigate Companion Website which includes worksheets in writable PDF format, practice quizzes, interactive flashcards, and interactive glossary. The fourth edition of Nutrition Education: Linking Research, Theory, and Practice provides a straightforward, user-friendly model for designing effective nutrition education programs that address the personal and environmental factors affecting individuals' food choices and assists them in adopting healthy behaviors throughout their lifetime. Built around the six-step DESIGN process, the Fourth Edition integrated research, theory, and practice and provides advice and direction on designing, implementing, and evaluating theory-based nutrition education. This text is divided into three parts: \* Part I describes the key elements of success for nutrition education, as well as the major theories that can be used in nutrition education intervention. \* Part II features the six-step process for designing nutrition education, translating theory into concrete objectives and strategies that can be practically implemented. It includes worksheets and case studies to provide a clear illustration of each step. \* Part III describes the nuts and bolts of implementing nutrition education, including information on leading groups, working with diverse populations, making presentations, and using media effectively.

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## Nutrition for the Older Adult

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SKU: 9781284149005

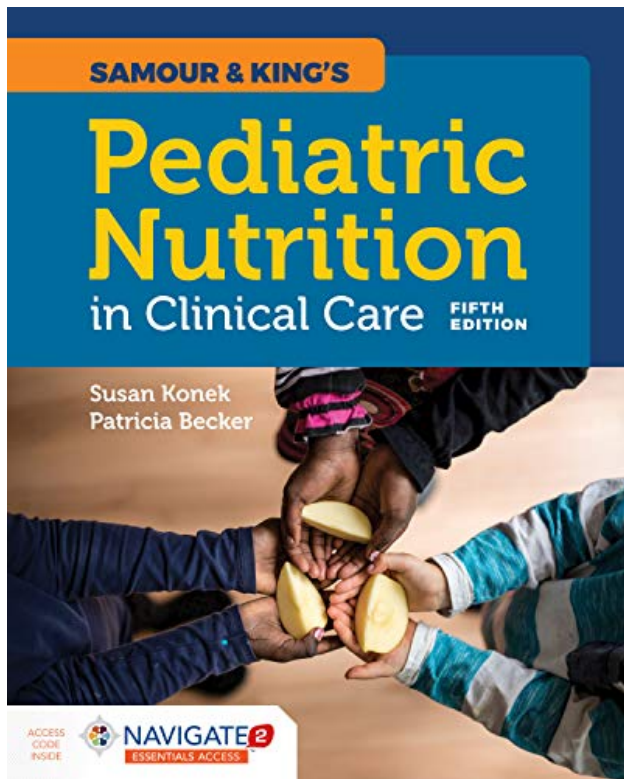
Price: \$3,190.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools. Updated to the latest data and expert information, the Third Edition of Nutrition for the Older Adult introduces students to the unique nutritional needs of this growing population. Designed for the undergraduate, the text begins by covering the basics, including the demographics of aging, physiology of aging, and vitamin and mineral requirements for older adults. It then delves into clinical considerations, including the nutritional implications of diseases and conditions common among older adult. Additional coverage includes: nutritional assessment, pharmacology, nutritional support, and much more. With new pedagogical features along with revamped end-of-chapter activities and questions, Nutrition for the Older Adult is an essential resource for students in the fields of nutrition, nursing, public health and gerontology. With Navigate 2, technology and content combine to expand the reach of your classroom. Whether you teach an online, hybrid, or traditional classroom-based course, Navigate 2 delivers unbeatable value. Experience Navigate 2 today at [www.jblnavigate.com/2](http://www.jblnavigate.com/2).

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## Samour & King's Pediatric Nutrition in Clinical Care

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SKU: 9781284146394

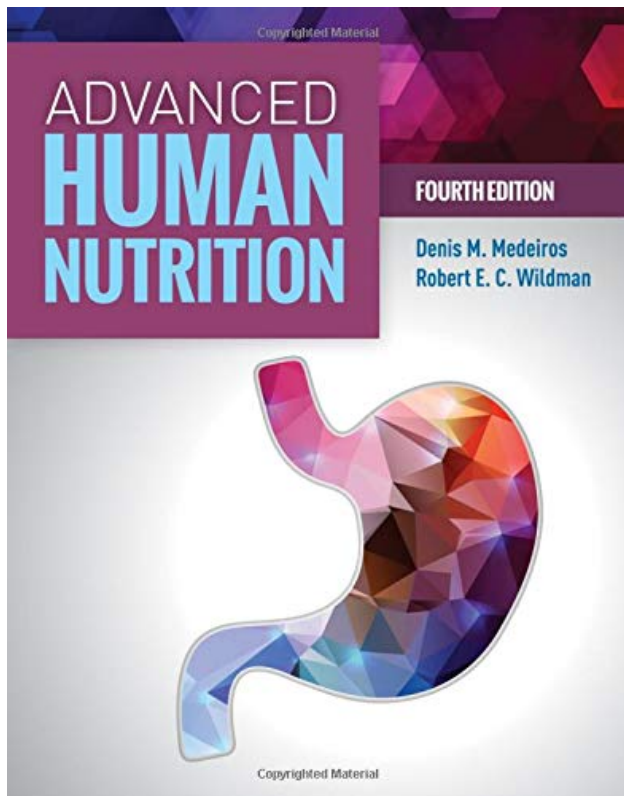
Price: \$2,497.95

Categories: [CLINICAL & INTERNAL MEDICINE](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PAEDIATRIC MEDICINE](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Every new copy includes Navigate 2 Essentials access. Samour & King's Pediatric Nutrition in Clinical Care, Fifth Edition provides comprehensive coverage of the nutritional aspects of pediatric clinical care from neonate through adolescent, and all pediatric disorders impacting nutrition. A widely trusted resource for more than twenty years, this text combines coverage of nutrition assessment and care with detailed coverage of normal growth, relevant disease states, and medical nutrition therapy. In addition to important updates in all major areas of pediatric nutrition, the Fifth Edition has been expanded to include evolving areas in pediatric nutrition including, malnutrition related to undernutrition, nutrition focused physical exam, integrative medicine and more. When utilizing the text, students and practitioners alike will be able to discuss the nutrition guidelines associated with normal growth and development, and will be better able to determine medical nutrition therapy interventions for children with diseases, injuries, genetic disorders and weight issues.

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## Advanced Human Nutrition

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SKU: 9781284123067

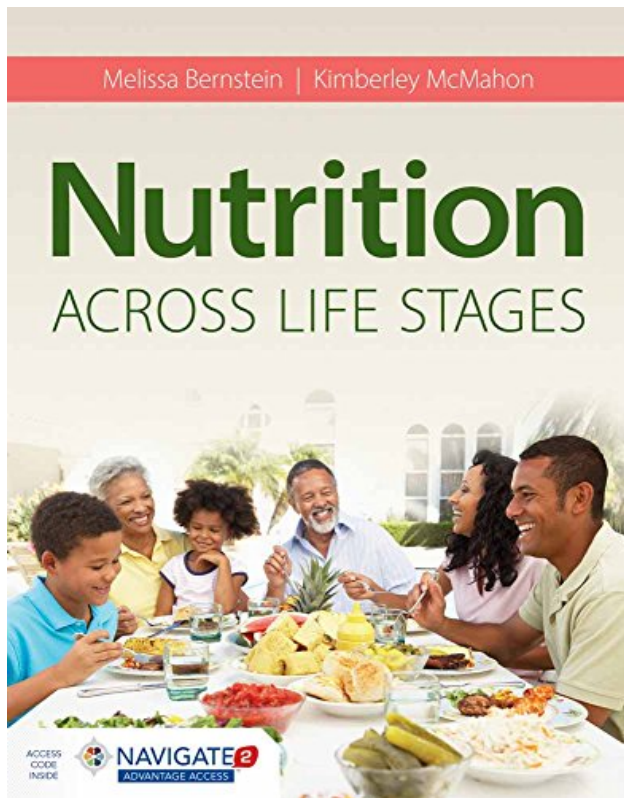
Price: \$3,988.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Written for the upper-level undergrad or graduate level majors course, Advanced Human Nutrition, Fourth Edition provides an in-depth overview of the human body and details why nutrients are important from a biochemical, physiological, and molecular perspective. Through its writing style and clear figures and illustrations, the text clearly outlines metabolism and the molecular functions of nutrients. A variety of pedagogical elements within the text, such as Here's Where You Have Been and Here's Where You Are Going, help clarify key points from the chapter and provide real-world examples to bring the content to life. New & Key to the Fourth Edition - NEW - Each chapter now concludes with Clinical Insight which presents the clinical relevance of the nutritional science topics covered within the chapter - NEW - Chapter 2 now discusses bariatric surgery procedures used to treat obesity, as well as diseases of the gastrointestinal track that have nutritional relevance in health and disease - NEW - Includes the latest algorithms used by the American Heart Association and American College of Cardiology in determining the risk of a cardiac event - NEW - Incorporates controversy brought about by some scientists on protein requirements as it relates to the RDA - NEW - Includes coverage of the role of the fat-soluble vitamins in Alzheimer's disease

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## Nutrition Across Life Stages

[Read More](#)

SKU: 9781284102161

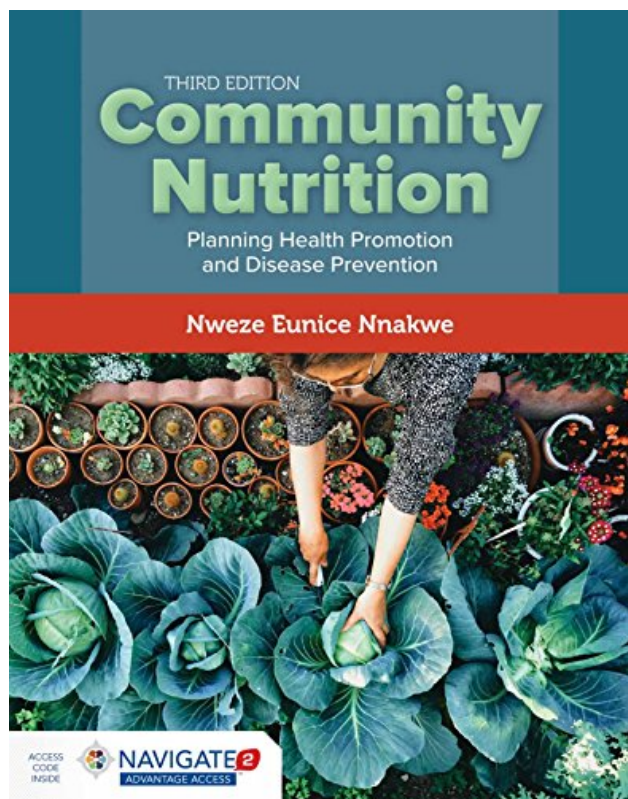
Price: \$4,219.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools. Written for undergraduate students enrolled in Life Cycle Nutrition courses, Nutrition Across Life Stages presents material in a clear, approachable fashion, making this text ideal for majors and non-majors alike. The text applies focus on the application of nutritional concepts rather than the nutritional science underlying, and discusses nutrition at a particular life stage followed by an exploration of its implications for health and disease at that stage of life. The authors tie in numerous learning features, such as case studies, Learning Checks, and News You Can Use boxes, to help clarify key points in each chapter. With Navigate 2, technology and content combine to expand the reach of your classroom. Whether you teach an online, hybrid, or traditional classroom-based course, Navigate 2 delivers unbeatable value. Experience Navigate 2 today at [www.jblnavigate.com/2](http://www.jblnavigate.com/2).

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## Community Nutrition

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SKU: 9781284108323

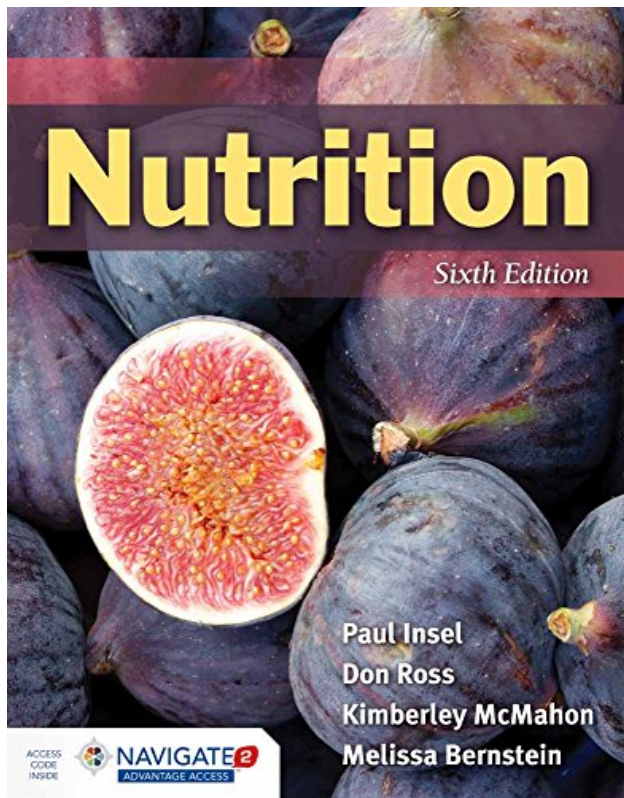
Price: \$3,547.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

The third edition of *Community Nutrition: Planning Health Promotion and Disease Prevention* provides students and professionals with the knowledge, skills, tools, and evidence-based approaches they need to effectively promote health and prevent disease. Reflecting the latest direction in public health and community nutrition, it considers the comprehensive approach taken by practitioners providing community-based services that emphasize primary, secondary, and tertiary prevention. Divided into three parts, *Community Nutrition* provides an overview of the public health nutrition landscape, addresses nutrition interventions for vulnerable populations, and explores how to deliver successful nutrition services. Given its extensive coverage and inclusion of engaging pedagogical features, this text is an essential resource for community nutrition courses and a useful reference tool. Key Features: - Includes Navigate 2 Advantage Access complete with interactive eBook, student practice activities and assessments, learning analytics reporting tools, and more - Reflects the latest research, guidelines, and policy developments in community and public health nutrition - Features Successful Community Strategies boxes that discuss recent effective intervention programs and provide examples of research-based best practices - Includes Case Studies that provide students with the opportunity to apply what they have learned in each chapter - Incorporates Think About It questions that emphasize active learning

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## Nutrition

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SKU: 9781284100051

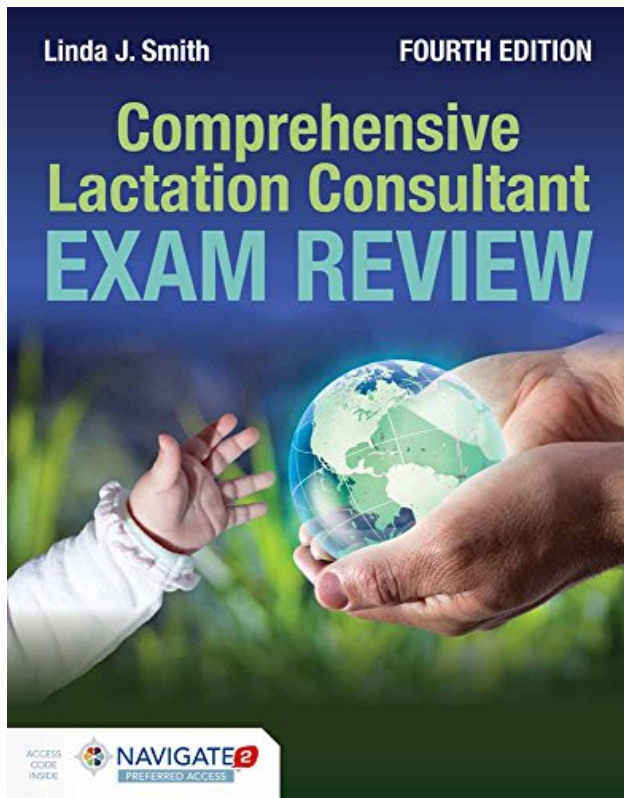
Price: \$4,975.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, animations, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools. Written for majors and advanced non-majors, the Sixth Edition of Nutrition provides a modern, comprehensive introduction to nutrition concepts, guidelines, and functions. Its student-focused approach provides readers with the knowledge they need to make informed decisions about their overall nutrition. New & Key Features: - NEW - This text is among the first to highlight the findings and recommendations put forth in the 2015 Dietary Guidelines for Americans - UPDATED - Going Green and FYI boxes incorporate the latest nutrition-related research and news - NEW - The new Getting Personal feature encourages students to apply concepts to their own lives - NEW - Animations within the Navigate 2 eBook help simplify difficult concepts

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## Comprehensive Lactation Consultant Exam Review

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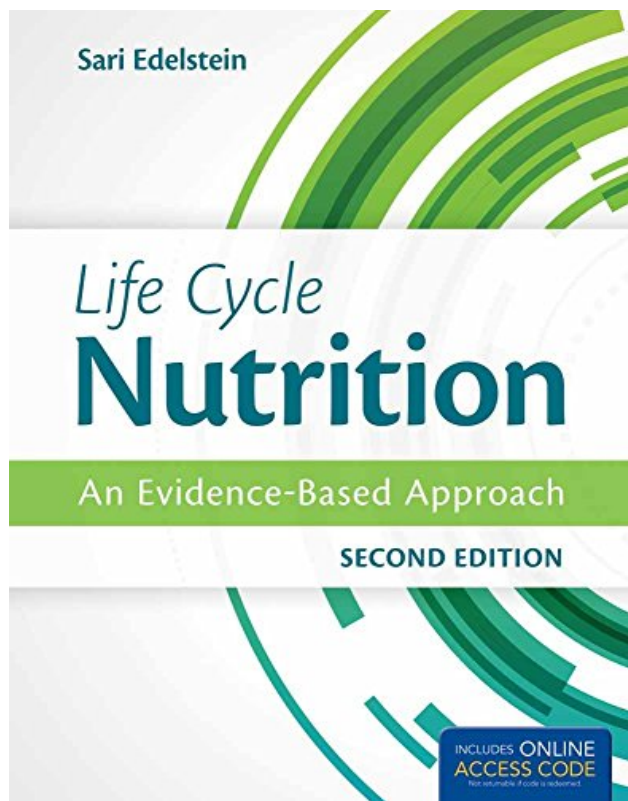
SKU: 9781284069273

Price: \$2,434.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING & ANCILLARY SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Comprehensive Lactation Consultant Exam Review, Fourth Edition is an ideal reference to help prepare for the International Board of Lactation Consultant Examiners (IBLCE) certification examination. Completely updated and revised, the Fourth Edition follows the latest IBLCE Detailed Content Outline, contains more than 950 practice exam questions and answer rationales, more than 300 photos, and 20 actual clinical case studies. Organized around the mother-baby dyad's development, it poses questions unique to each particular stage. This review guide is perfect for beginning lactation consultants and those re-certifying, as well as dietitians, childbirth educators, nurses, and breastfeeding counselors. Each new print copy includes Navigate 2 Preferred Access that unlocks a comprehensive and interactive eBook and Navigate 2 TestPrep.



## Life Cycle Nutrition: An Evidence-Based Approach

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SKU: 9781284036671

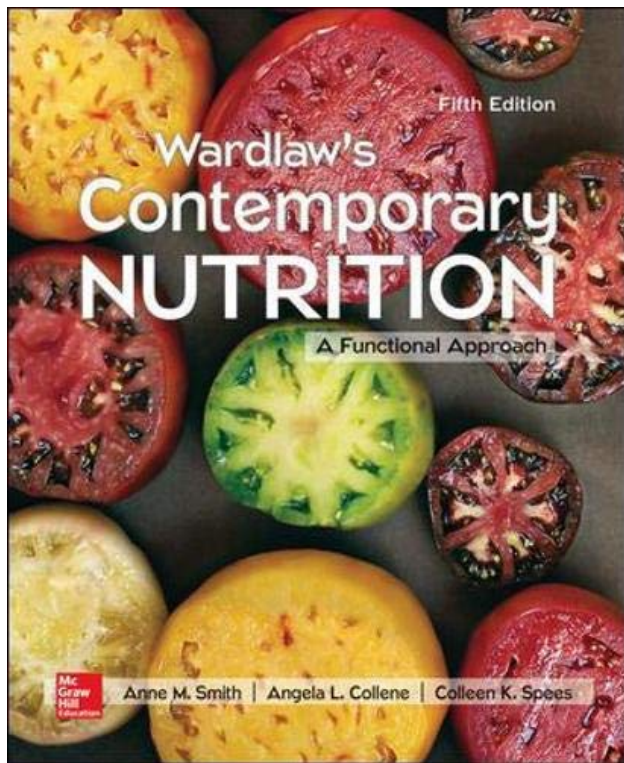
Price: \$3,946.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Revised and updated with the latest epidemiologic research, the Second Edition of *Life Cycle Nutrition: An Evidence-Based Approach* explores nutritional foundations and the growth, development and normal functioning of individuals through each stage of life. With subjects as diverse as media influences on eating, skipping breakfast, fruit juice consumption, and clinical nutrition, this text gives students current knowledge, helps them evaluate emerging knowledge, and prepares them to uncover new knowledge for the public, their clients, and themselves. Key Features: Evidence-Based Practice sections contains research articles that provide students with an opportunity to create peer-reviewed studies and clinical trials. Cultural Diversity Sidebars, integrated throughout the text, present issues that challenge students to think critically about the nutritional and health differences among ethnic groups. Interesting Vignettes, based on nutrition and health, enhance student understanding of the material presented. Issues to Debate sections provides timely topics for debate and further consideration such as withholding and withdrawing nutrition, the ethical implications of nutrition care, and right to die case law. Students will learn the physiological, moral, ethical, and legal issues surrounding these emotionally charged issues. Case Studies and Nutritional Management help students develop knowledge and skills within a wide variety of subjects and improve critical thinking, public speaking, and group interactions.





## Wardlaw's Contemporary Nutrition: A Functional Approach (Mosby Nutrition) - Does not come with access code

[Read More](#)

SKU: 9781259706608

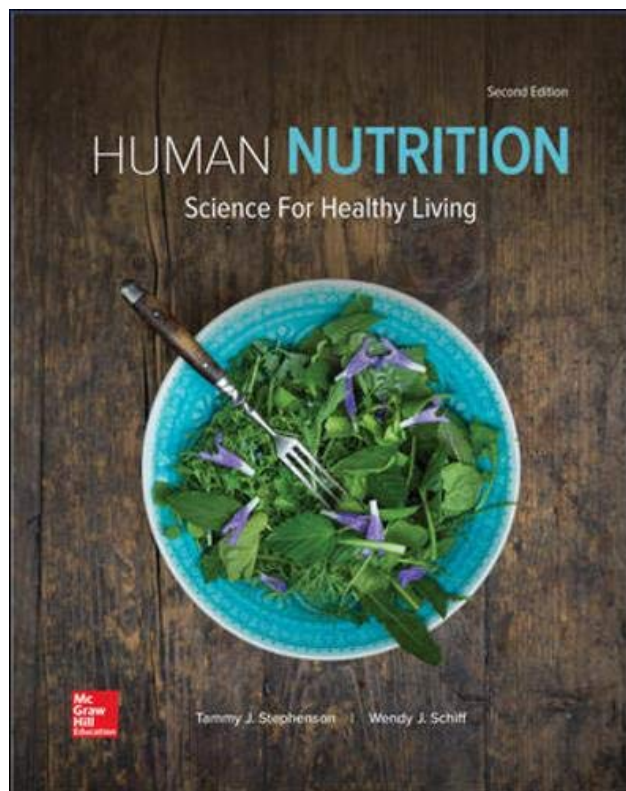
Price: \$3,969.00

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Contemporary Nutrition: A Functional Approach is an alternate version of Smith, Collene, Spees Contemporary Nutrition, offering a unique approach by organizing vitamins and minerals within the context of physiological functions and the health conditions they influence. Current research is at the core of the fifth edition, with revised statistics, incorporation of new results of clinical trials, and updated recommendations. The text provides students who lack a strong science background the ideal balance of reliable nutrition information and practical consumer-oriented knowledge. Always looking to make the content relevant to learners, the authors highlight health conditions, medications, food products, and supplements students or members of their families may be using. With their friendly writing style, the authors act as the student's personal guide to dispelling common misconceptions and to gaining a solid foundation for making informed nutrition choices.

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## Human Nutrition: Science for Healthy Living

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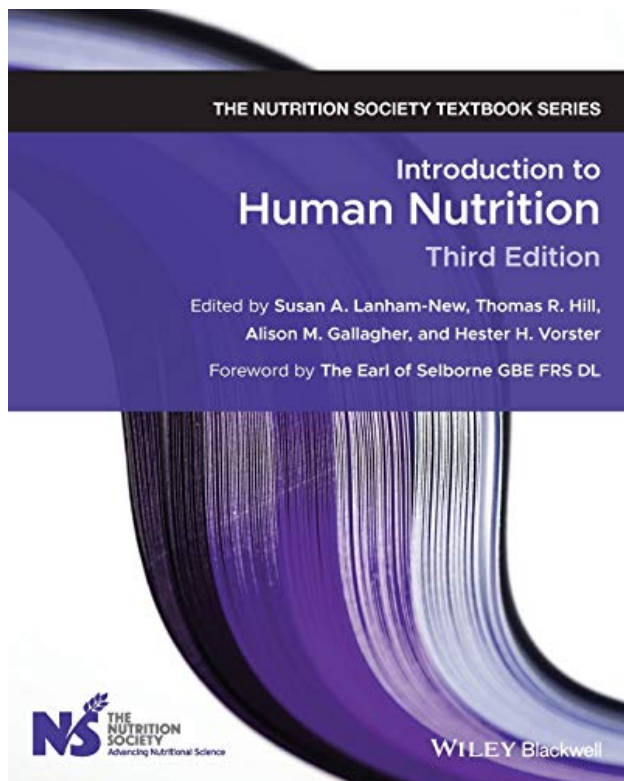
SKU: 9781259709951

Price: \$4,809.00

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [ECONOMICS](#), [ECONOMICS](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PHYSIOLOGY](#), [PRE-CLINICAL MEDICINE: BASIC SCIENCES](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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## Introduction to Human Nutrition (The Nutrition Society Textbook)

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SKU: 9781119476979

Price: \$1,365.00

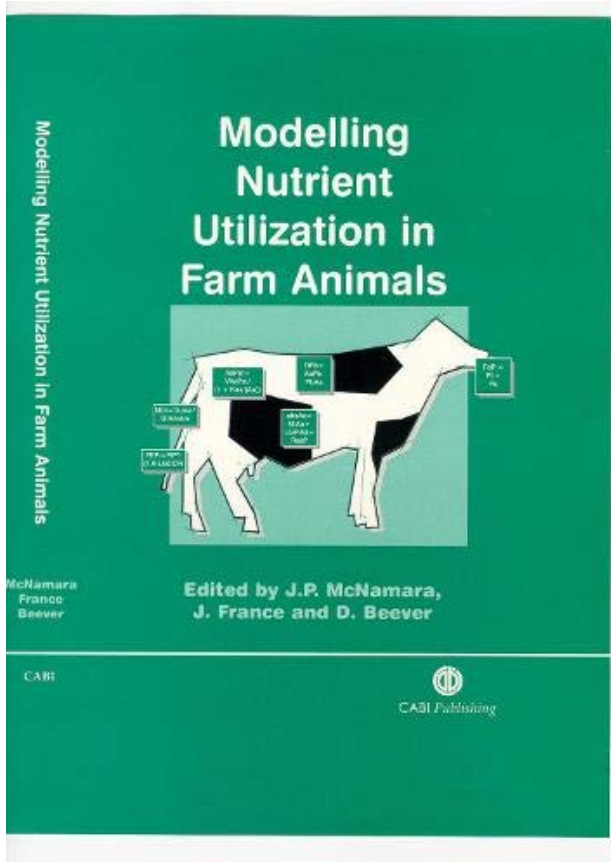
Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Now in its third edition, the best-selling Introduction to Human Nutrition continues to foster an integrated, broad knowledge of the discipline and presents the fundamental principles of nutrition science in an accessible way. With up-to-date coverage of a range of topics from food composition and dietary reference

encourages students to think critically about the many factors and influences of human nutrition and health outcomes. Offers a global, multidisciplinary perspective on food and nutrition Covers nutrition and metabolism of proteins, lipids, carbohydrates and vitamins and minerals Explores new developments in functional foods, supplements and food fortification, and future challenges for nutrition research and practice Explains the digestion, absorption, circulatory transport, and cellular uptake of nutrients Demonstrates the structure and characteristics of nutrients, and the relationship with disease prevention A primary text in nutritional science classes worldwide, Introduction to Human Nutrition is a vital resource for students in areas of nutrition, dietetics, and related subjects that involve principles of nutrition science.

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## Modelling Nutrient Utilization in Farm Animals

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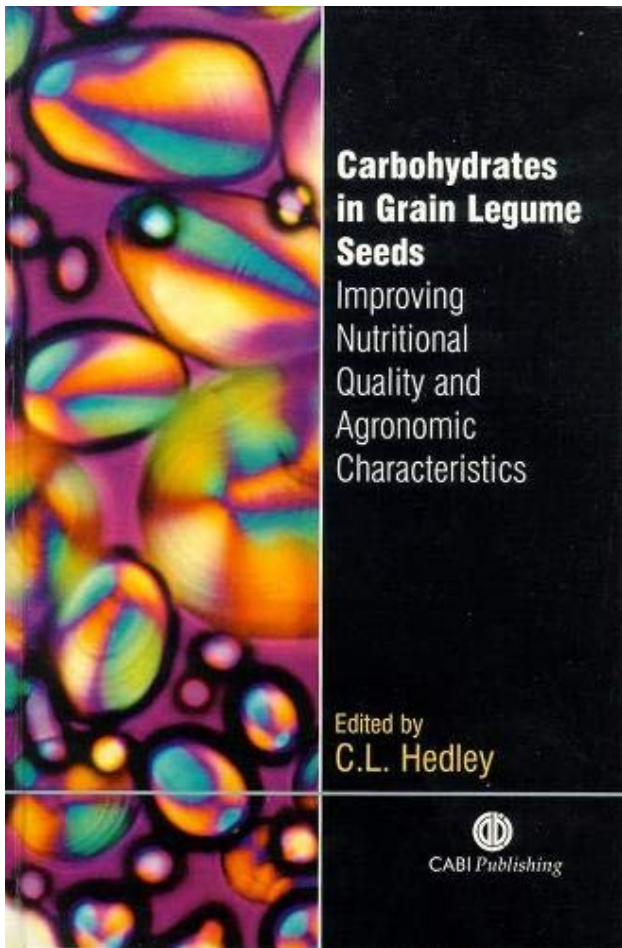
SKU: 9780851994499

Price: \$3,570.00

Categories: [AGRICULTURE & FARMING](#), [ANIMAL HUSBANDRY](#), [ART FORMS, TREATMENTS & SUBJECTS](#), [ARTS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [MODELLING \(IN CLAY, WAX & OTHER PLASTIC MATERIALS\)](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PHYSIOLOGY](#), [PRE-CLINICAL MEDICINE: BASIC SCIENCES](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SCULPTURE & OTHER THREE-DIMENSIONAL ART FORMS](#), [VETERINARY SCIENCE](#)

### Product Description

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## Carbohydrates in Grain Legume Seeds: Improving Nutritional Quality and Agronomic Characteristics

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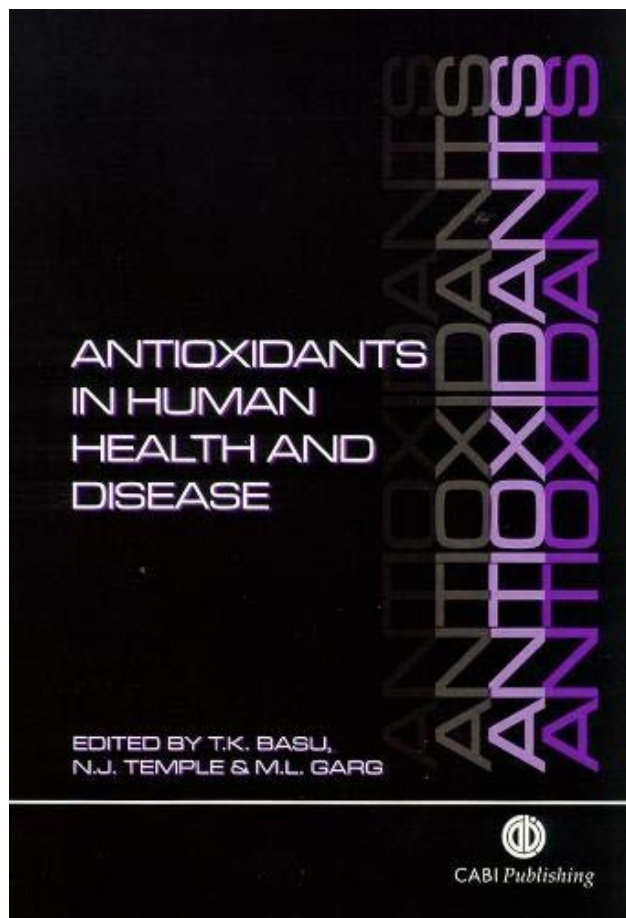
SKU: 9780851994673

Price: \$3,150.00

Categories: [AGRICULTURE & FARMING](#), [AGRICULTURE SCIENCE](#), [BIOCHEMISTRY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BOTANY](#), [BOTANY & PLANT SCIENCES](#), [HORTICULTURE](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

Product Description

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## Antioxidants in Human Health and Disease (Cabi)

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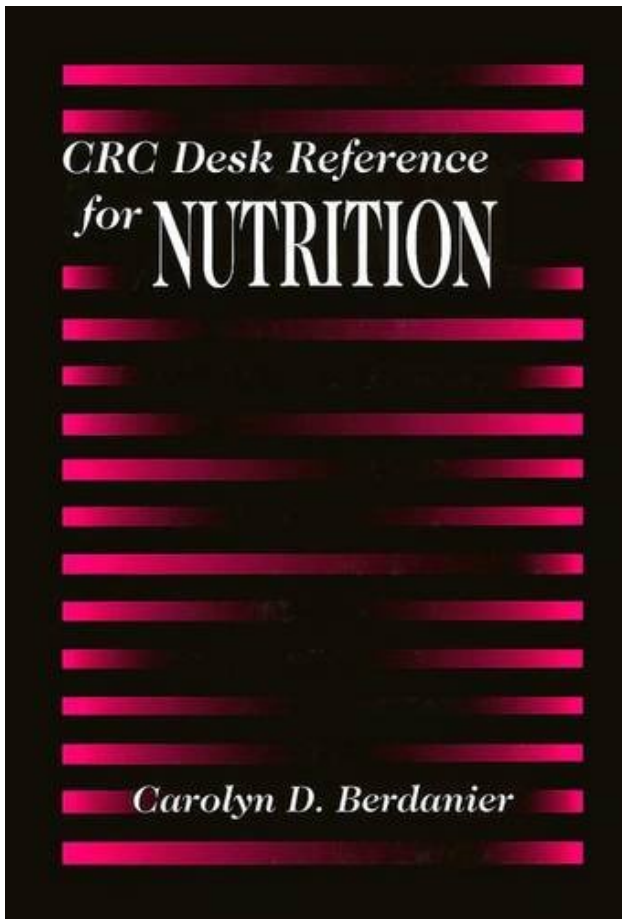
SKU: 9780851993348

Price: \$3,570.00

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING & ANCILLARY SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PHARMACY / DISPENSING](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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## CRC Desk Reference for Nutrition

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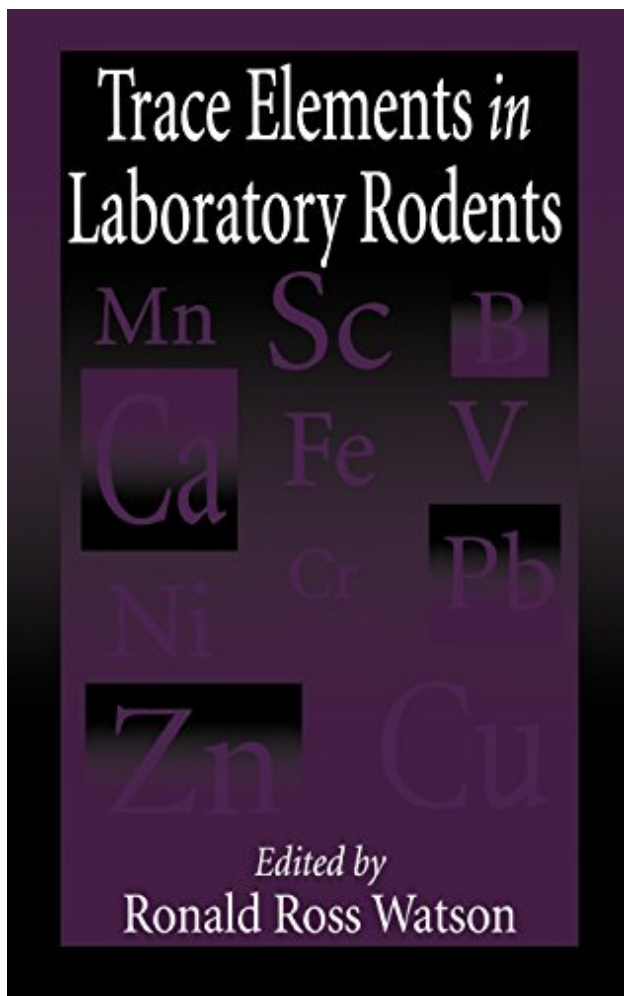
SKU: 9780849396823

Price: \$1,888.95

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [ENCYCLOPAEDIAS & REFERENCE WORKS](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [REFERENCE AND INFORMATION](#)

Product Description

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## Trace Elements in Laboratory Rodents (Methods in Nutritional Research)

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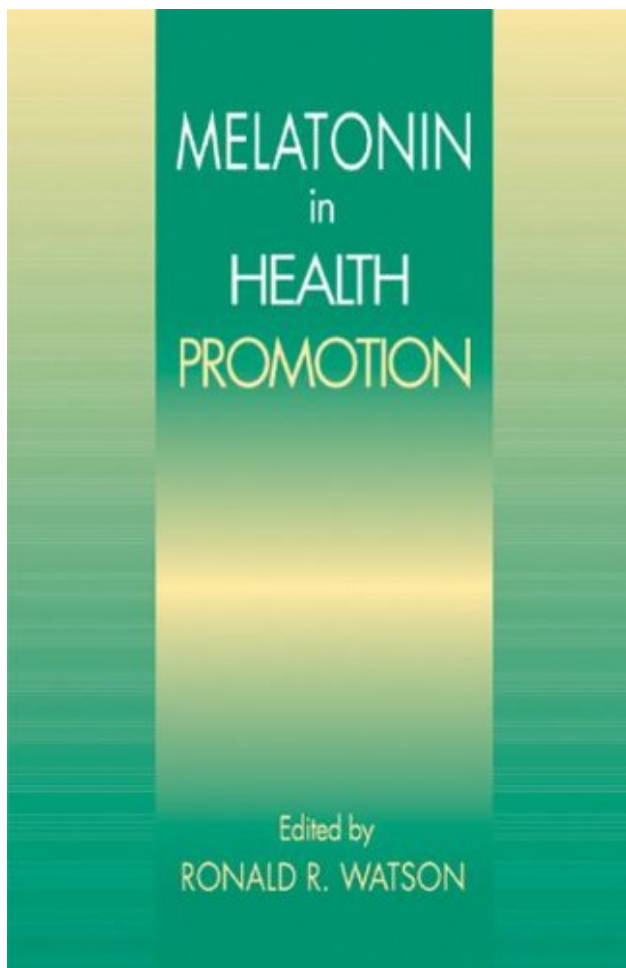
SKU: 9780849396113

Price: \$5,250.00

Categories: [BIOCHEMISTRY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY](#), [LIFE SCIENCES](#), [LEISURE INTERESTS](#), [HOBBIES & SPORT](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NATURAL HISTORY & PETS](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PHYSIOLOGY](#), [PRE-CLINICAL MEDICINE: BASIC SCIENCES](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [RABBITS & RODENTS](#)

Product Description

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## Melatonin in the Promotion of Health, Second Edition (Modern Nutrition)

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SKU: 9780849385643

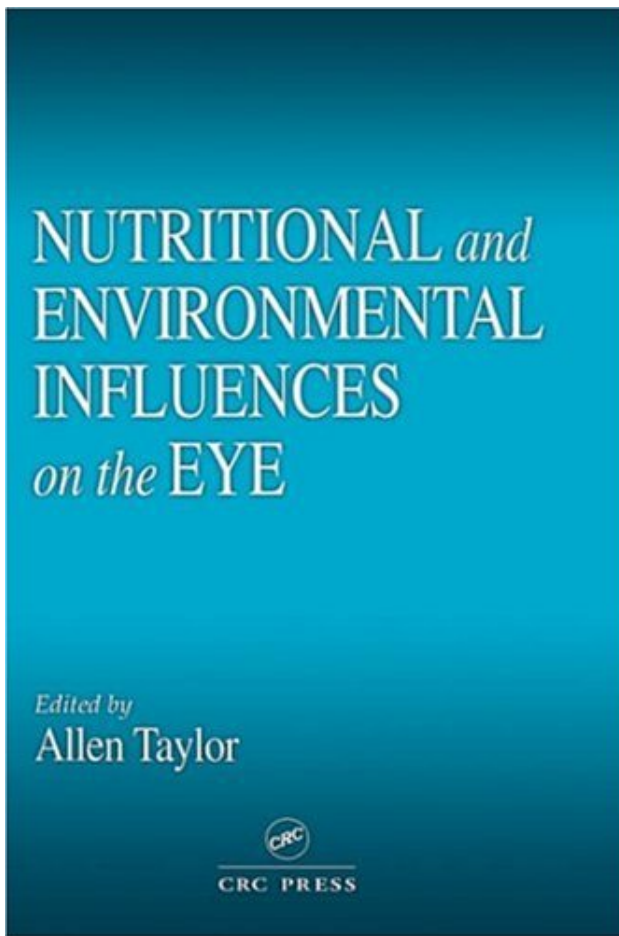
Price: \$3,988.95

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [CLINICAL & INTERNAL MEDICINE](#), [ENDOCRINOLOGY](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [OTHER BRANCHES OF MEDICINE](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PHARMACOLOGY](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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## Nutritional and Environmental Influences on the Eye (Modern Nutrition)

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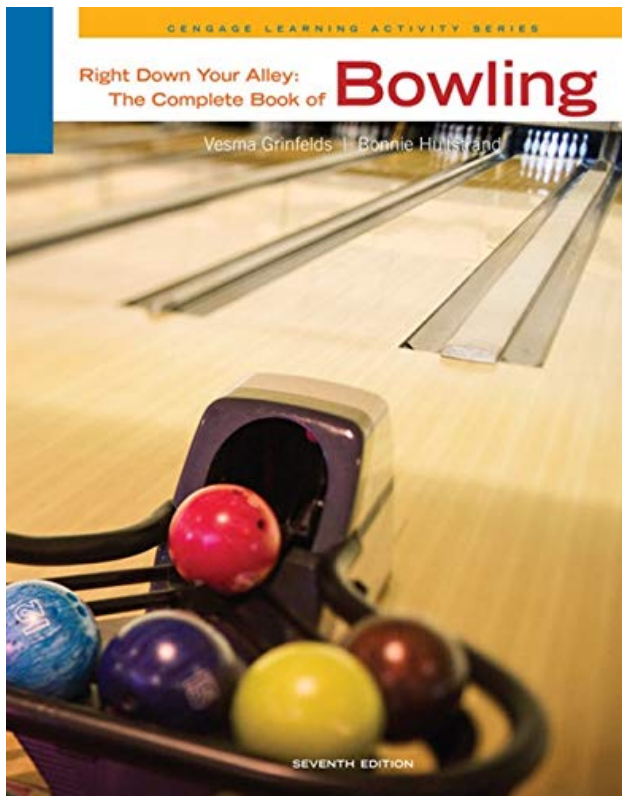
SKU: 9780849385650

Price: \$6,090.00

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [CLINICAL & INTERNAL MEDICINE](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING & ANCILLARY SERVICES](#), [OPHTHALMOLOGY](#), [OPTOMETRY / OPTICIANS](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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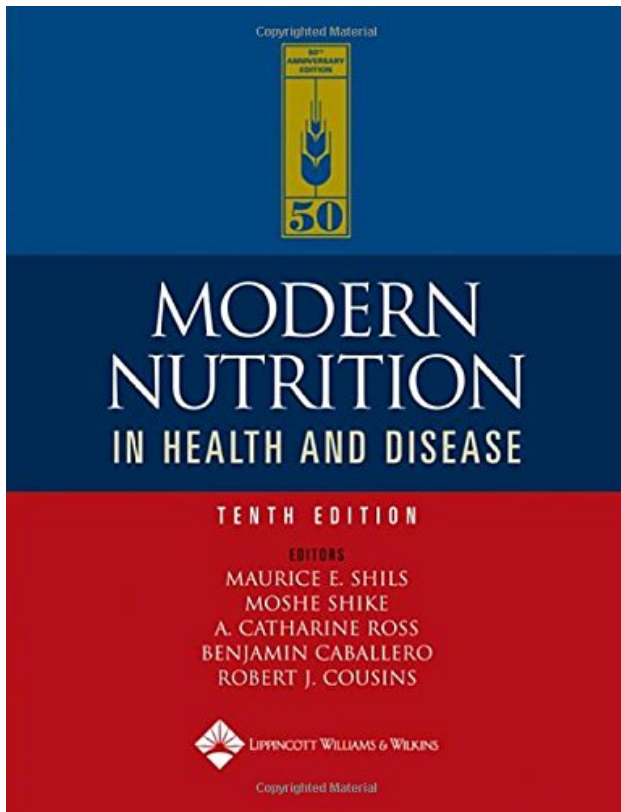
## Right Down Your Alley: The Complete Book of Bowling (Cengage Learning Activity)

[Read More](#)

SKU: 9780840048073

Price: \$1,573.95

Categories: [BALL GAMES](#), [BOWLS](#), [BOWLING](#), [PETANQUE](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING](#), [NURSING & ANCILLARY SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SPORT](#), [TRAVEL AND LEISURE INTERESTS](#), [SPORTS & OUTDOOR RECREATION](#)



## Modern Nutrition In Health And Disease (Modern Nutrition in Health & Disease (Shils))

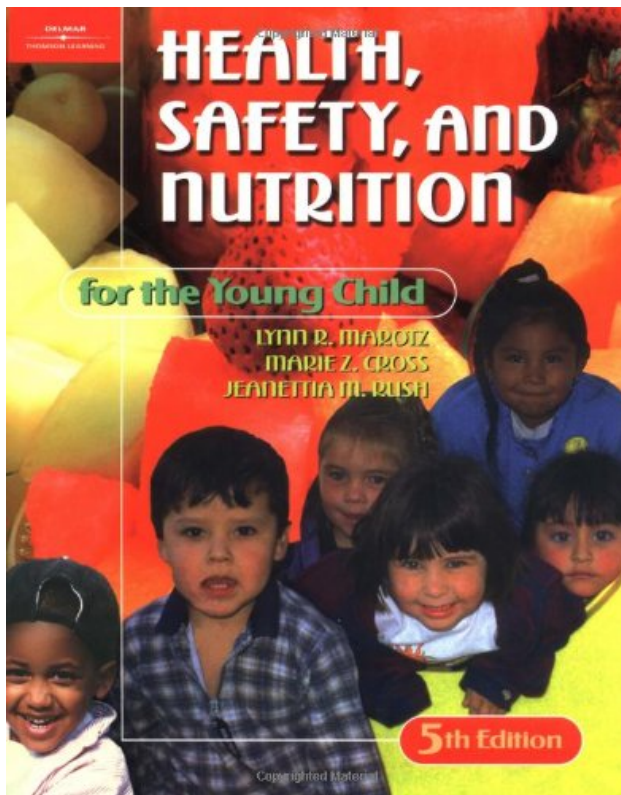
[Read More](#)

SKU: 9780781741330

Price: \$3,316.95

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PHYSIOLOGY](#), [PRE-CLINICAL MEDICINE: BASIC SCIENCES](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description



## Health, Safety, and Nutrition for the Young Child

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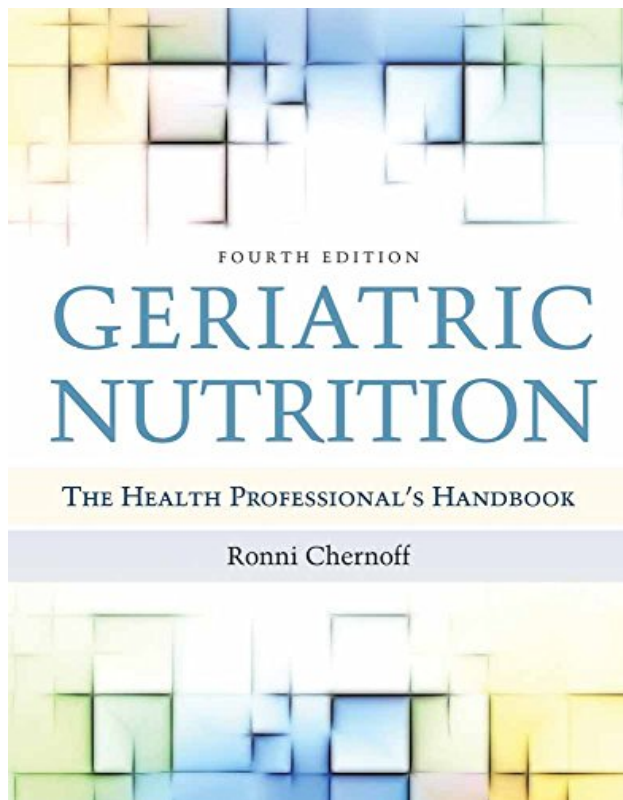
SKU: 9780766809468

Price: \$3,526.95

Categories: [Advice on parenting](#), [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY](#), [LIFE SCIENCES](#), [EDUCATION](#), [EDUCATION](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [MULTIDISCIPLINE SPORTS](#), [PARENTING ADVICE: ADOLESCENT CHILDREN](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SPORT, TRAVEL AND LEISURE INTERESTS](#), [SPORTS & OUTDOOR RECREATION](#), [TRACK & FIELD SPORTS](#), [ATHLETICS](#)

## Product Description

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## Geriatric Nutrition: The Health Professional's Handbook

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SKU: 9780763782627

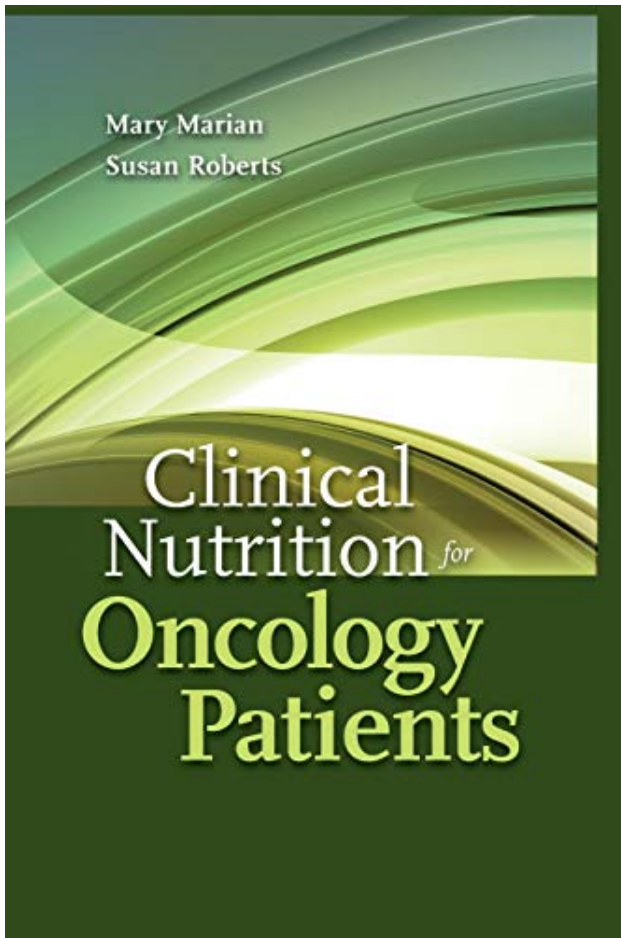
Price: \$4,219.95

Categories: [CLINICAL & INTERNAL MEDICINE](#), [GERIATRIC MEDICINE](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

## Product Description

Updated to keep pace with changes in the field, Geriatric Nutrition: The Health Professional's Handbook, Fourth Edition, offers you an authoritative reference to help you understand the role of nutrition in the maintenance of health, the management of chronic conditions, and the treatment of serious illness. The Fourth Edition of this best-selling text provides a comprehensive review of nutritional assessment, intervention programs for the elderly, and health promotion activities.

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## Clinical Nutrition for Oncology Patients

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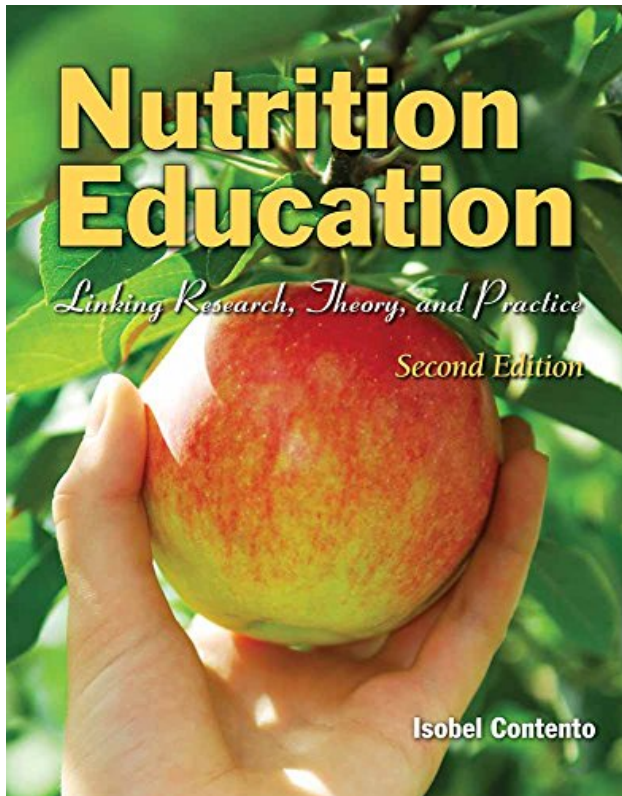
SKU: 9780763755126

Price: \$2,098.95

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [CLINICAL & INTERNAL MEDICINE](#), [DISEASES & DISORDERS](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING](#), [NURSING & ANCILLARY SERVICES](#), [ONCOLOGY](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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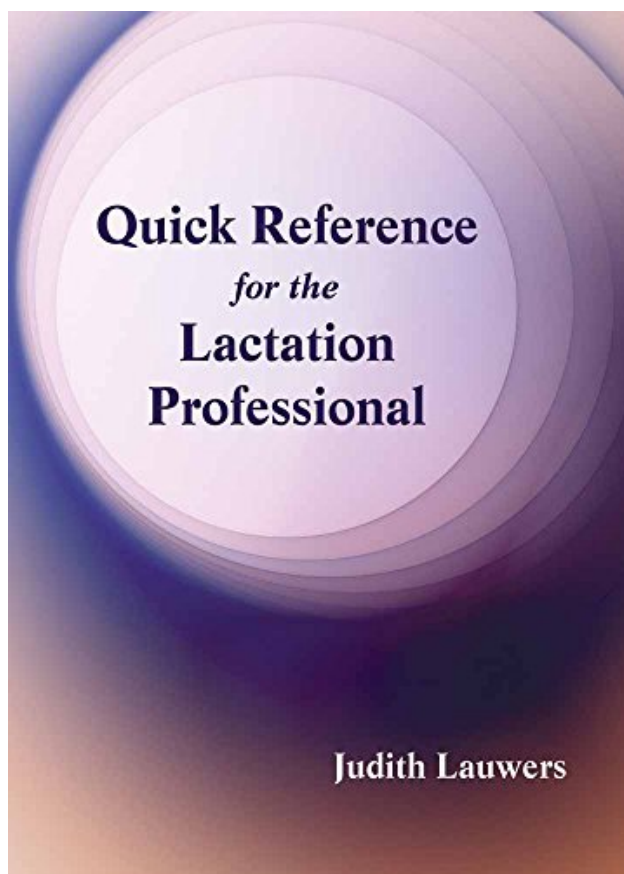
## Nutrition Education: Linking Research, Theory, and Practice

[Read More](#)

SKU: 9780763775087

Price: \$4,240.95

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SOCIAL GROUPS & COMMUNITIES](#), [SOCIOLOGY](#), [SOCIAL STUDIES](#), [SOCIOLOGY, SOCIAL STUDIES](#)



## Quick Reference for the Lactation Professional

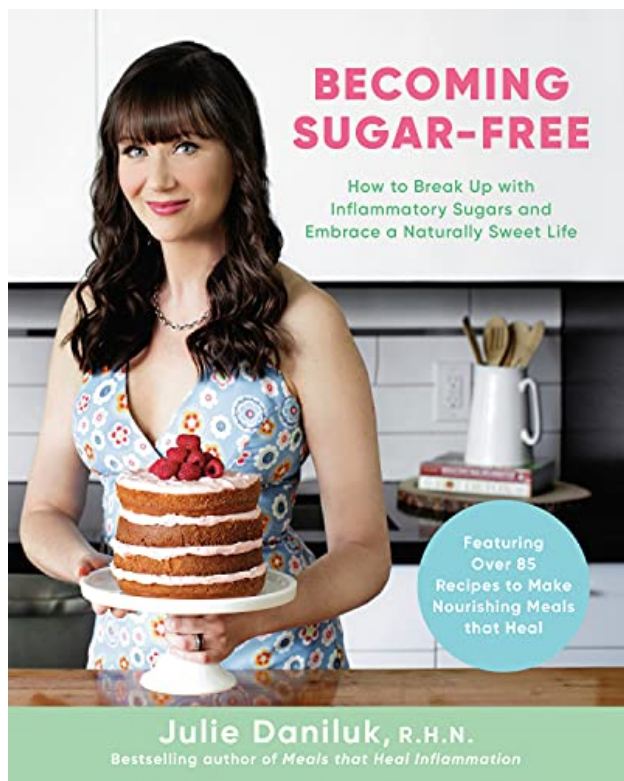
[Read More](#)

SKU: 9780763750145

Price: \$2,287.95

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [MIDWIFERY](#), [NURSING & ANCILLARY SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description



## Becoming Sugar-Free: How to Break Up with Inflammatory Sugars and Embrace a Naturally Sweet Life

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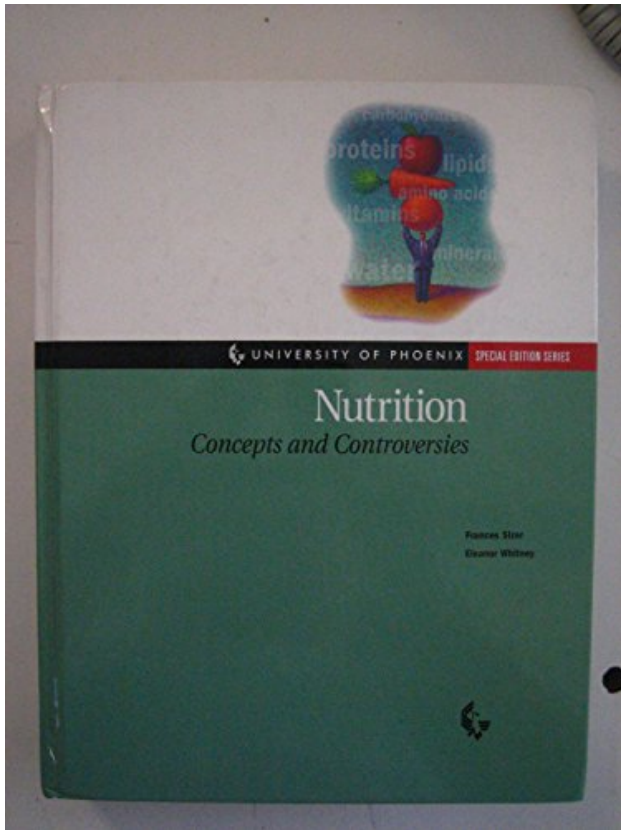
SKU: 9780735240537

Price: \$546.00

Categories: [CLINICAL & INTERNAL MEDICINE](#), [COOKERY / FOOD & DRINK ETC](#), [Cookery for specific diets & conditions](#), [Coping with illness & specific conditions](#), [Coping with personal problems](#), [DIABETES](#), [Diets & dieting](#), [ENDOCRINOLOGY](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [Health & wholefood cookery](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SPORT](#), [TRAVEL AND LEISURE INTERESTS](#)

## Product Description

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## University of Phoenix Nutrition Concepts and Controversies

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Price: \$1,008.00

Categories: [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

## Product Description

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# WE ARE WHAT WE EAT

A Slow Food Manifesto



## Alice Waters

with Bob Carrau and Cristina Mueller

## We Are What We Eat: A Slow Food Manifesto

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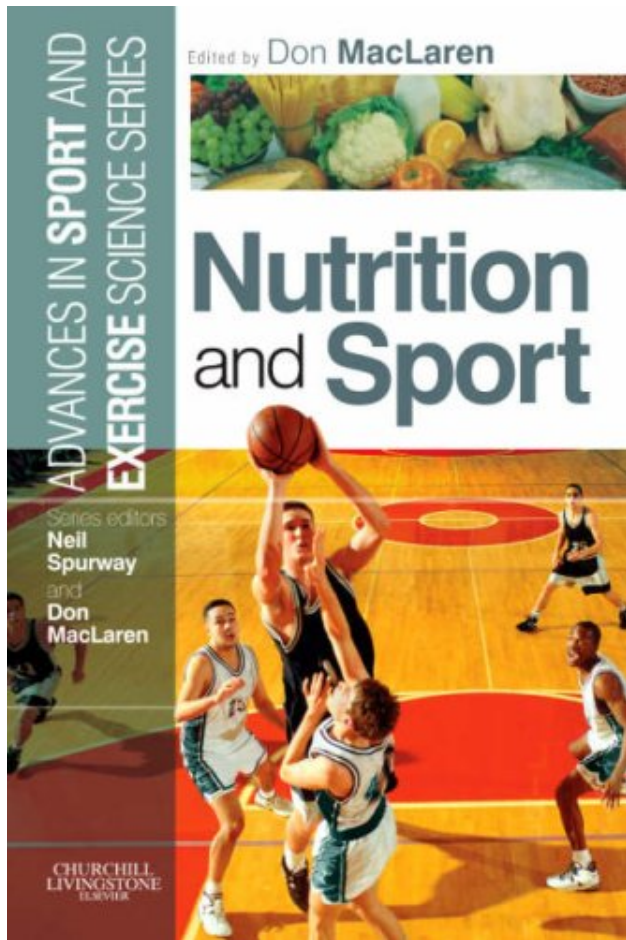
SKU: 9780525561538

Price: \$546.00

Categories: [COOKERY / FOOD & DRINK ETC](#), [Cultural studies](#), [Diets & dieting](#), [EARTH SCIENCES](#), [GEOGRAPHY](#), [ENVIRONMENT](#), [PLANNING](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [Food & society](#), [Food security & supply](#), [MANAGEMENT OF LAND & NATURAL RESOURCES](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#), [SOCIAL SCIENCES](#), [SOCIETY & CULTURE: GENERAL](#), [SPORT](#), [TRAVEL AND LEISURE INTERESTS](#), [THE ENVIRONMENT](#)

### Product Description

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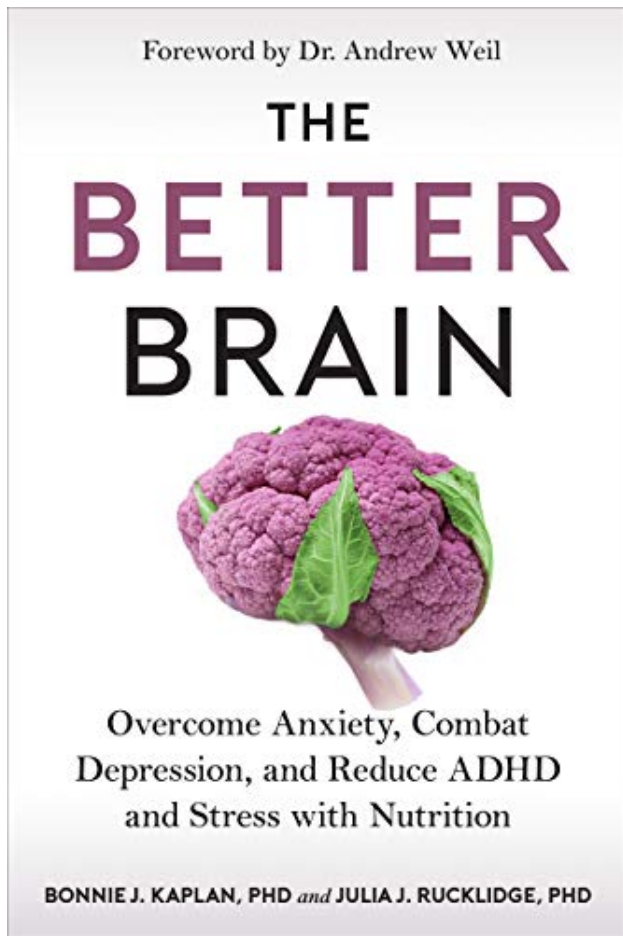
Price: \$838.95

Categories: [ANATOMY](#), [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY](#), [LIFE SCIENCES](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PRE-CLINICAL MEDICINE: BASIC SCIENCES](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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## The Better Brain: Overcome Anxiety, Combat Depression, and Reduce ADHD and Stress with Nutrition

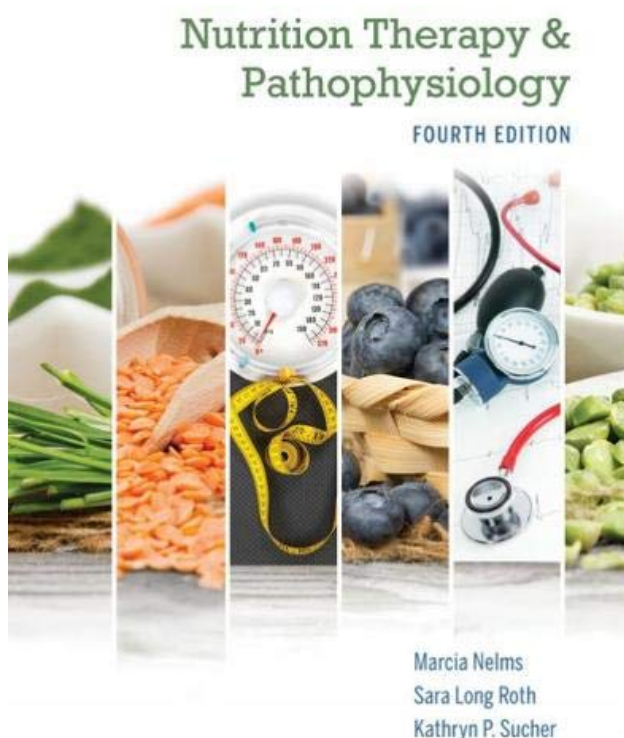
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SKU: 9780358447108

Price: \$588.00

Categories: [Coping with illness & specific conditions](#), [Coping with personal problems](#), [Diets & dieting](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [HEALTH SYSTEMS & SERVICES](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [MENTAL HEALTH SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [POPULAR MEDICINE](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description



## Nutrition Therapy and Pathophysiology Book Only

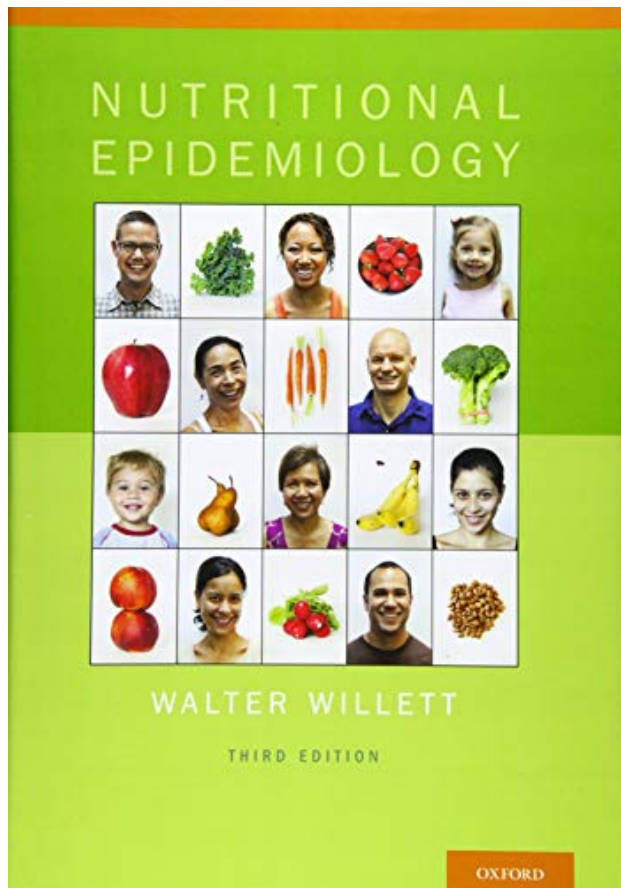
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SKU: 9780357041710

Price: \$4,198.95

Categories: [Diets & dieting](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING](#), [NURSING & ANCILLARY SERVICES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

Reflecting the latest research and evidence-based practices, **NUTRITION THERAPY AND PATHOPHYSIOLOGY**, 4th Edition, provides comprehensive coverage of disease pathophysiology and treatment that emphasizes the best application of the nutrition care process. It clearly connects nutrition therapy practices and expected outcomes to underlying disease processes at every level--from cells to organ systems. Detailed illustrations enhance your understanding of disease progression, surgical procedures and treatment protocols, while Practitioner Interviews equip you with real-world insight on how to work with patients. The 4th Edition includes expanded coverage of nutrition therapy for pediatric and geriatric populations, medical treatment and the role of nutrition, malnutrition assessment, nutrition interventions, the monitoring and evaluation step of the nutrition care process and more.



## Nutritional Epidemiology (Monographs in Epidemiology and Biostatistics, 40)

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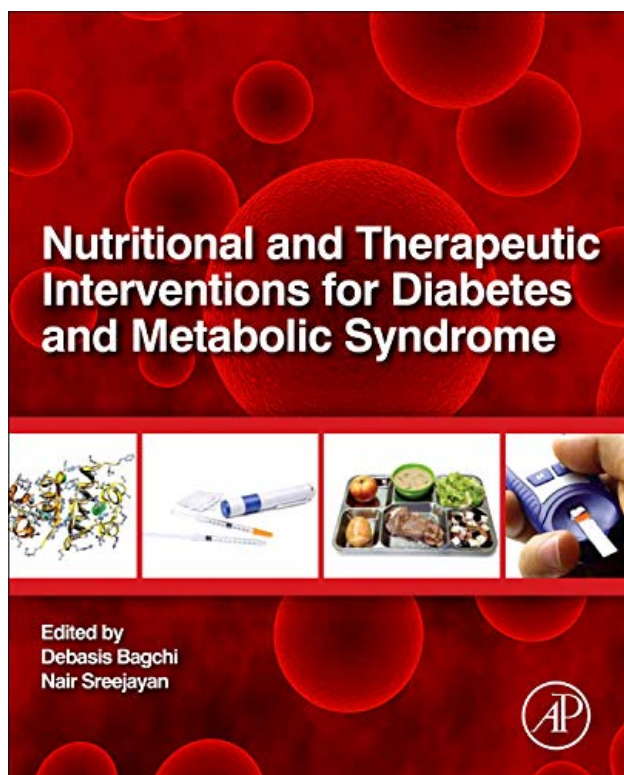
Price: \$2,415.00

Categories: [EPIDEMIOLOGY & MEDICAL STATISTICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

This text is intended for those who wish to understand the complex relationships between diet and risks of important diseases, such as cancer and cardiovascular disease. It is aimed both at researchers engaged in the unraveling of these complex relationships and at readers of the rapidly multiplying and often confusing scholarly literature on the subject. The book starts with an overview of research strategies in nutritional epidemiology--still a relatively new discipline that combines the vast knowledge compiled by nutritionists during this century with the methodologies developed by epidemiologists to study the determinants of diseases with multiple etiologies and long latent periods. A major section is devoted to the methods of dietary assessment using data on food intake, biochemical indicators of diet, and measures of body composition and size. The reproducibility and validity of each approach and the implications of measurement error are considered in detail. The analysis, presentation, and interpretation of data from epidemiologic studies of diet and disease are explored in depth. Particular attention is paid to the important influence of total energy intake on findings in such studies. To illustrate methodological issues in nutritional epidemiology, relationships of dietary factors to the incidence of lung and breast cancer, heart disease, and birth defects are examined in

established itself as the standard reference in this field. The second edition, published in 1998, added new chapters on the analysis and presentation of dietary data, nutritional surveillance, and folic acid and neural tube defects. This new edition, in addition to substantial updating of existing chapters, includes new chapters on assessment of physical activity, nutrition and genetic epidemiology, and the role of nutritional epidemiology in policy. This book will benefit epidemiologists, nutritionists, dietitians, policy makers, public health practitioners, oncologists, and cardiovascular and other clinical specialists.



## Nutritional and Therapeutic Interventions for Diabetes and Metabolic Syndrome

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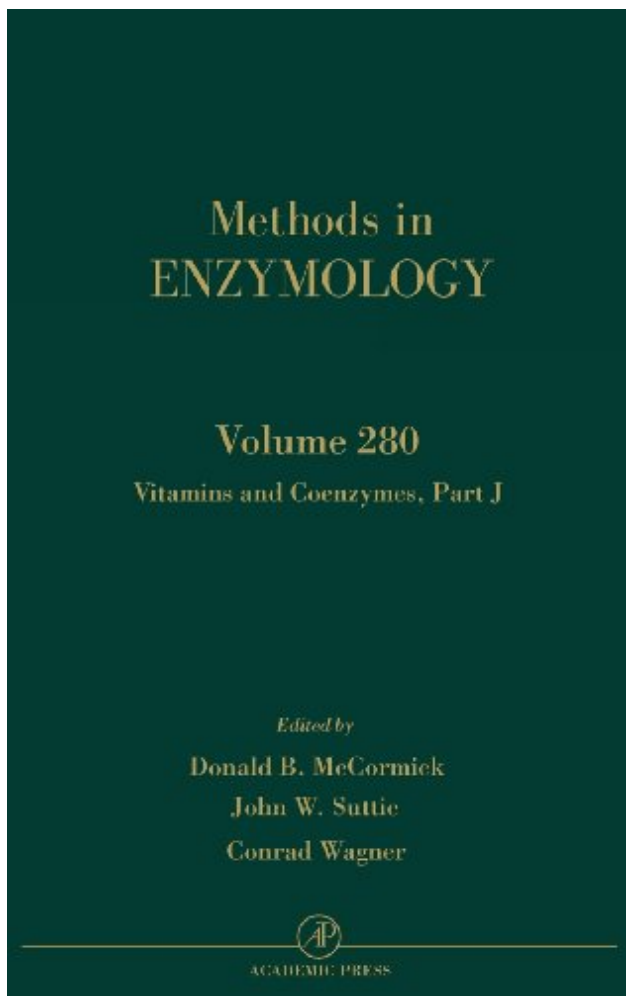
SKU: 9780123850836

Price: \$3,148.95

Categories: [CLINICAL & INTERNAL MEDICINE](#), [DIABETES](#), [ENDOCRINOLOGY](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

Diabetes mellitus affects approximately 20 million people in the US, or nearly 7% of the population. It is expected to increase by 70% within the next 25 years, and numerous epidemiologic studies have demonstrated that type 2 diabetes increases the risk of cardiovascular morbidity and mortality. It is estimated to cost over \$92 billion in health care costs and lost productivity. The increased risk is due to the detrimental vascular effects of prolonged exposure to a hyperglycemic, oxidant-rich environment yielding associated cardiovascular risk factors: atherosclerosis, hypertension and clotting abnormalities. Hypertension and dyslipidemia in diabetic patients produces substantial decreases in cardiovascular and microvascular diseases. Nutritional and Therapeutic Interventions for Diabetes and Metabolic Syndrome provides an overview of the current epidemic, outlines the consequences of this crisis and lays out strategies to forestall and prevent diabetes, obesity and other intricate issues of metabolic syndrome. The contributing experts from around the world give this book relevant and up-to-date global approaches to the critical consequences of metabolic syndrome and make it an important reference for those working with the treatment, evaluation or public health planning for the effects of metabolic syndrome and diabetes.



## Vitamins and Coenzymes, Part J (Volume 280) (Methods in Enzymology, Volume 280)

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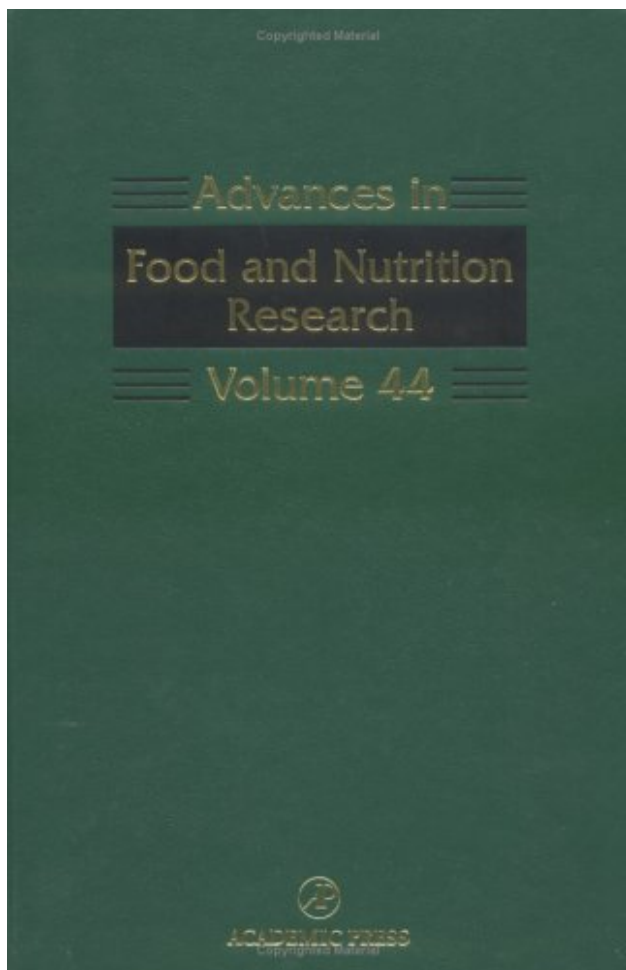
SKU: 9780121821814

Price: \$4,410.00

Categories: [BIOCHEMISTRY](#), [BIOLOGY, LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES, MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES, PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION, PHYSIOLOGY](#), [PRE-CLINICAL MEDICINE: BASIC SCIENCES](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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## Advances in Food and Nutrition Research, Vol. 44 (Volume 44)

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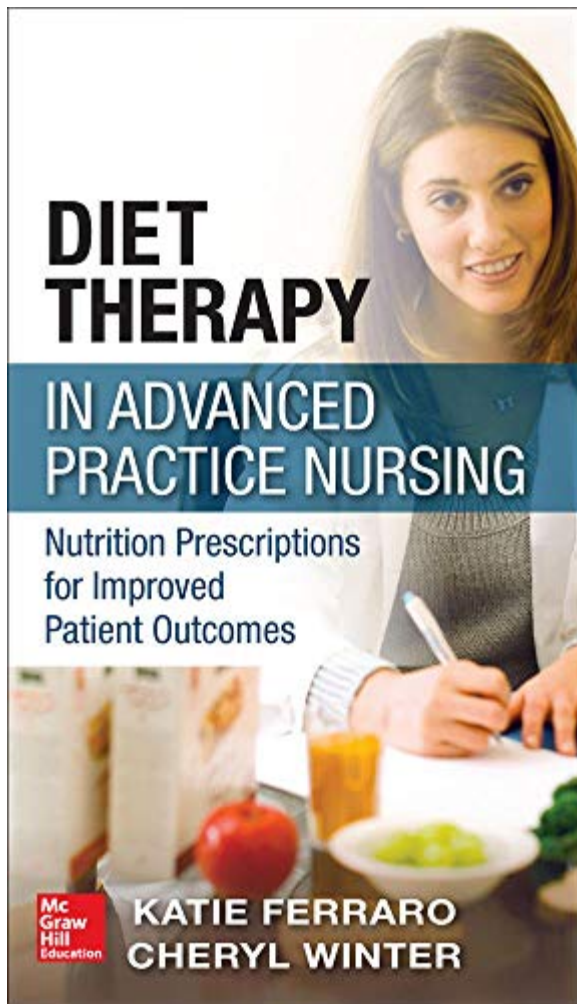
SKU: 9780120164448

Price: \$4,305.00

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [INDUSTRIAL CHEMISTRY & MANUFACTURING TECHNOLOGIES](#), [INDUSTRIAL CHEMISTRY & MANUFACTURING TECHNOLOGIES](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

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## Diet Therapy in Advanced Practice Nursing: Nutrition Prescriptions for Improved Patient Outcomes

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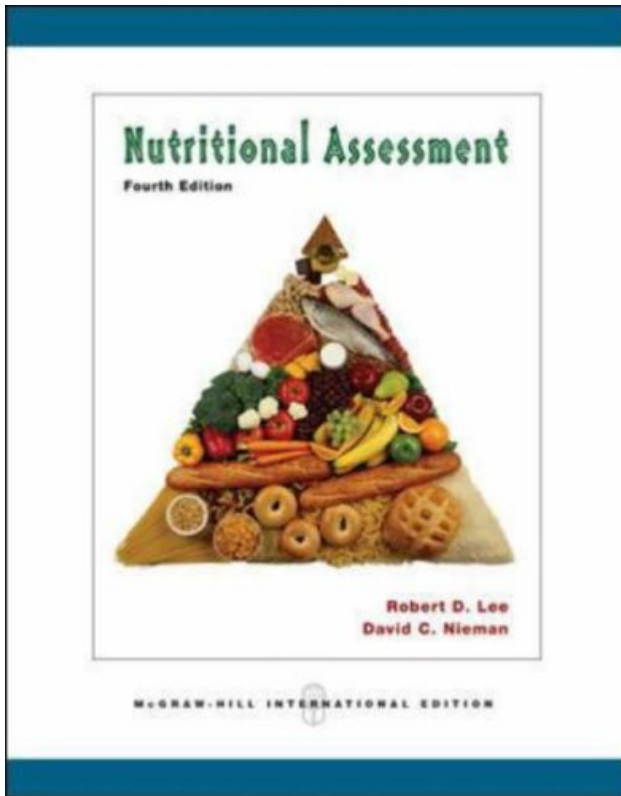
SKU: 9780071771481

Price: \$840.00

Categories: [Intensive care nursing](#), [MEDICAL SCIENCE](#), [MEDICINE](#), [MEDICINE: GENERAL ISSUES](#), [NURSING](#), [NURSING & ANCILLARY SERVICES](#), [Nursing specialties](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

### Product Description

A Doody's Core Title for 2021! Proven nutrition strategies for optimizing health and combating specific diseases - written for the advanced practice nurse. As scientific evidence continues to emerge showing the underlying role nutrition and diet play in preventing and treating common health issues such as cardiovascular disease, diabetes, and cancer, there's renewed emphasis by healthcare providers on delivering individualized nutrition prescriptions to patients to improve health outcomes. While this role has traditionally been performed in out-patient and in-patient settings by registered dietitians, advanced practice nurses now play a major role in giving diet and nutrition advice to patients and, in some cases, prescribing medical and diet therapy plans. Diet Therapy in Advanced Practice Nursing gathers together the evidence-based guidelines and practices recommended for the prevention, management, and treatment of a variety of disease states. Co-authors Katie Ferraro, RD, and Cheryl Winter, RD, NP, used their combined knowledge and experience in nutrition and nursing practice to write an easy-to-use book that gives readers practical resources such as: Meal planning and tracking tools Nutrition screening, assessment, and counseling techniques Body weight regulation principles Nutrition assessment and monitoring parameters Individual chapters cover nutrition for all major disease states, giving prevention guidelines, medical nutrition and diet therapy recommendations, patient education tools, and detailed complication and side effect considerations. The book concludes with appendices containing key information for clinical reference, including Dietary Reference Intake (DRI) tables, USDA Food Patterns, CDC Growth Charts, and Useful Conversions for Nutrition.



## Nutritional Assessment

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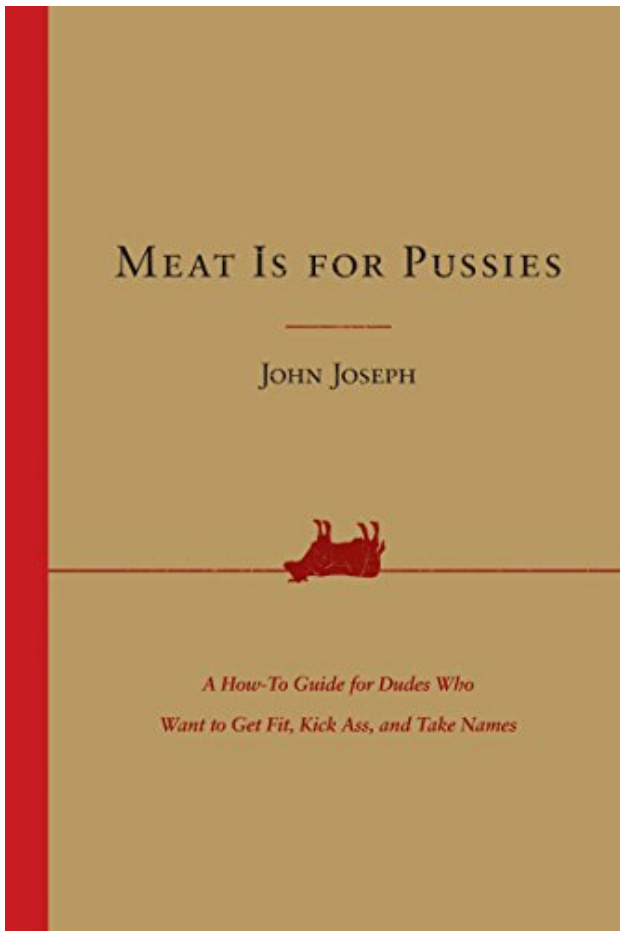
SKU: 9780071254267

Price: \$1,351.35

Categories: [BIOLOGICAL ANTHROPOLOGY](#), [BIOLOGY](#), [LIFE SCIENCES](#), [BIOLOGY, LIFE SCIENCES](#), [FAMILY & HEALTH](#), [FAMILY, HOME AND PRACTICAL INTERESTS](#), [FITNESS & DIET](#), [HUMAN BIOLOGY & RELATED TOPICS](#), [MEDICAL SCIENCE](#), [MEDICINE: GENERAL ISSUES](#), [PERSONAL & PUBLIC HEALTH: DIETETICS & NUTRITION](#), [PUBLIC HEALTH & PREVENTIVE MEDICINE](#)

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## Meat Is for Pussies: A How-to Guide for Dudes Who Want to Get Fit, Kick Ass, and Take Names

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Price: \$356.79

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