

The Afrominimalist's Guide to Living with Less

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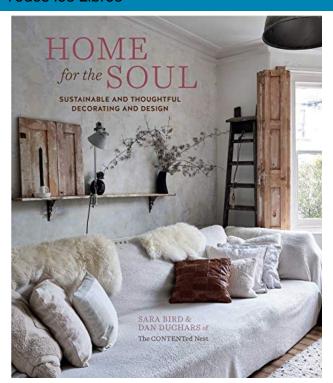
SKU: 9781982168049

Price: \$461.79

Categories: EARTH SCIENCES, GEOGRAPHY,
ENVIRONMENT, PLANNING, FAMILY, HOME AND
PRACTICAL INTERESTS, HOME & HOUSE MAINTENANCE
, Household hints, SELF-HELP & PRACTICAL INTERESTS,
SPORT, TRAVEL AND LEISURE INTERESTS, Sustainability,
THE ENVIRONMENT

Product Description

Forget the aesthetics of mainstream minimalism and discover a life of authenticity and intention with this practical guide to living with less...your way. When Christine Platt set out on her journey to live with less, she never intended to become The Afrominimalist. She just wanted to tame the chaos in her closet! But after struggling with the austerity and whiteness of mainstream minimalism, Christine realized why minimalism often seems unattainable for so many: the emphasis on all-white, barren aesthetics distracts from the practice of living with intention. And so, she decided to do things her way by curating a life of less influenced by the African diaspora. In The Afrominimalist's Guide to Living With Less, Christine gets right to the heart of how childhood experiences and expectations manifest in adulthood, the delicate dance between needs and wants, and the complicated weight of familial and societal pressures. A far cry from Konmaried closets, capsule wardrobes, and conspicuous consumption, Christine's brand of living with less is more than a decluttering regimen. Inspired by her personal journey, Christine presents a radical revisioning of minimalism, one that celebrates the importance of history and heritage, and gives you permission to make space for what really matters...your way. Beautifully illustrated with original black-and-white prints and line drawings, The Afrominimalist's Guide to Living With Less is a testament to the idea that anyone can be a minimalist and a warm invitation to a life curated with intention, perfect for readers of Joshua Fields Millburn and Ryan Nicodemus (The Minimalists), Marie Kondo, Joshua Becker, and Courtney Carver.



Home for the Soul: Sustainable and thoughtful decorating and design

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SKU: 9781788792417

Price: \$735.00

Categories: EARTH SCIENCES, GEOGRAPHY,
ENVIRONMENT, PLANNING, HOME & HOUSE
MAINTENANCE, Household hints, Interior design, decor &
style guides, LIFESTYLE & PERSONAL STYLE GUIDES,
SPORT, TRAVEL AND LEISURE INTERESTS, Sustainability,

THE ENVIRONMENT

Product Description

Home for the Soul is about creating a considerate and sustainable home that also sparks happiness and reflects the spirits, passions and tastes of its inhabitants. A shift in awareness means that we are increasingly thoughtful about the materials we use, the scarcity of the earth's resources and how to lighten our footprint on the planet. In Home for the Soul, Sara Bird and Dan Duchars show how to create a beautiful home that suits its inhabitants while causing minimum damage to our increasingly fragile environment including using non toxic, vegan paints and fabrics. The first section shares ideas for the elements of a stylish yet sustainable home, from lighting to linens, while in Part Two, Sara and Dan visit soulful homes and their owners to discover how they have created interiors that are beautiful yet responsible at the same time. Home for the Soul shows how a mindful, ethically sourced and eco-friendly ethos can be at the heart of modern homemaking. It looks at sustainable, renewable and reclaimed materials, using traditional skills and choosing organic and hand-produced homewares. No matter how new or old a building, or what your own particular style is, there are simple ways to add warmth, contentment and soul to our homes.

SCANDI RUSTIC



CREATING A COZY & HAPPY HOME

REBECCA LAWSON & REENA SIMON

Scandi Rustic: Creating a cozy & happy home

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SKU: 9781788792462

Price: \$735.00

Categories: HOME & HOUSE MAINTENANCE, Household hints, Interior design, decor & style guides, LIFESTYLE & PERSONAL STYLE GUIDES, SPORT, TRAVEL AND

LEISURE INTERESTS

Product Description

The emphasis that Scandinavians place on the home being a source of happiness and wellbeing is one we identify with. We believe that everyone should have a home they don't want to leave!' Award-winning bloggers and instagrammers Reena Simon and Rebecca Lawson are renowned for their love affair with all things Scandi. In their first book, Scandi Rustic, they reveal how to create a home that takes elements of Scandinavian design and introduces rustic natural materials and textures to create a Scandi-inspired interior that is cosy, relaxed and inviting. Come with Rebecca and Reena on a journey across the UK and Europe showcasing the very best in Scandi Rustic homes. Whether you live in an urban apartment, a country cottage or a blank canvas new-build, this relaxed, sustainable, modern rustic style will work perfectly for your home.



Small Space Style: Clever Ideas for Compact Interiors

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SKU: 9781788790901

Price: \$628.95

Categories: <u>HOME & HOUSE MAINTENANCE</u>, <u>Household</u> <u>hints</u>, <u>Interior design</u>, <u>decor & style guides</u>, <u>LIFESTYLE &</u> <u>PERSONAL STYLE GUIDES</u>, <u>SPORT</u>, TRAVEL AND

LEISURE INTERESTS

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These days, space is a precious commodity. Small Space Style is an inspiring guide to making the most of even the tiniest home. 'A chic reminder that small, if carefully considered, can be beautiful.' Lobster & Swan blog. Sara Emslie embraces the positive aspects of living in a compact home and explores design and style solutions to the practical issues of living with limited space. In the first chapter, Elements of Design, Sara tackles clever design and planning details and discusses how to make the most of any small home. Then, in Elements of Style, she gives thought to decorating solutions and style ideas for a compact interior, considering storage, furniture and display. Next, Sara visits a variety of real-life beautifully small spaces, taking an in-depth look at imaginative treatments for pocket-sized interiors and showcasing tiny homes with lots of character. These include a terraced 'two-up, two-down' worker's cottage, a miniscule Parisian pied-aterre, a tiny studio apartment with a clever mezzanine that incorporates a bathroom and a pint-sized coastal hideaway. Each case study has a detailed floor plan and measurements.



The Organically Clean Home: 150 Everyday Organic Cleaning Products You Can Make Yourself--The Natural, Chemical-Free Way

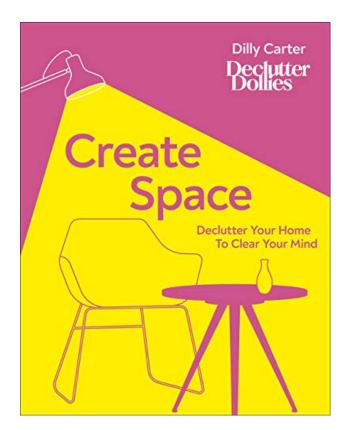
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SKU: 9781440572517

Price: \$356.79

Categories: <u>HOME & HOUSE MAINTENANCE</u>, <u>Household</u> hints, SPORT, TRAVEL AND LEISURE INTERESTS

As seen in Real Simple, Shape Magazine, and on Oprah.com Cleaning products that save money--and the planet! Forget about chemical cleaners and pricey green products--all you need are a few simple kitchen staples to make your whole house sparkle! The Organically Clean Home features 150 easy-to-make recipes for cleaning products filled with all-natural ingredients you can trust (and actually pronounce!). From dishwasher detergent to antibacterial wipes, America's favorite cleaning blogger Becky Rapinchuk guidesyou through the steps needed to make these everyday necessities--without spending a fortune. Completewith simple instructions for packaging and storing your homemade cleaners, you'll enjoy turning each roominto a beautiful and toxic-free space with fresh-scented products like: Lemon and clove hardwood floorcleaner Nobleach laundry whitener and brightener Peppermint glass and mirror wipes Lavender and lemonbathroom disinfecting spray Citrus foaming hand soap With The Organically Clean Home, you'll savehundreds of dollars every month--and have a clean, healthy home that you and your family can feel goodabout.



Create Space: Declutter your home to clear your mind

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SKU: 9780241479285

Price: \$356.79

Categories: FAMILY, HOME AND PRACTICAL INTERESTS, Feng Shui, HOME & HOUSE MAINTENANCE, Household hints, Interior design, decor & style guides, LIFESTYLE & PERSONAL STYLE GUIDES, MIND, BODY, SPIRIT, SELF-HELP & PRACTICAL INTERESTS, SPORT, TRAVEL AND LEISURE INTERESTS

Product Description

Cut the clutter, live better with less, give yourself headspace, and enjoy life more. Create Space shows you how to turn chaos into calm and discover the health and wellbeing benefits of living in an organised home. Inside the pages of this informative, minimalism book, you'll discover: - A room-by-room guide to organising your home - Step-by-step guides and quick tips for simple sorting and storage solutions - A fresh, relatable take on the link between mental wellbeing and decluttering - The author and founder of Declutter Dollies, Dilly Carter's inspirational personal story A master class in detoxing your home Packed with practical solutions, advice and techniques, this book will teach you how to declutter your home, simplify your living space, and find a more organised and peaceful life. Explore step-by-step methods that you can adapt and sustain for your own needs so you can live better with less. Discover the connection between outer order and inner calm in this self-help book. By clearing out your home, you can also clear your mind, improve your relationships, and enhance your wellbeing. When you stop allowing your life to revolve around mess and clutter, you instantly gain energy to focus on the things that matter. Get Ready to Reclaim Your Space, Your Time, and Your Mind Today! It's never too late to reorganise your home into a place of sanctuary. This book will give you the motivation to get rid of your mental and physical clutter, and will help you to get back on

refreshing book that's perfect for any interior design lover, or homemaker.