



## Finding Your Harmony: Dream Big, Have Faith, and Achieve More Than You Can Imagine

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### Product Description

In this moving and inspirational memoir, singer Ally Brooke recalls her journey to fame, reveals how she has remained true to her beliefs through her most difficult moments. Featuring sixteen pages of never-before-seen photos, Finding Your Harmony takes readers behind-the-scenes of her proudest musical accomplishments, solo success, and her time on Dancing with the Stars. Ally Brooke burst onto the music scene as a member of Fifth Harmony, and quickly became a fan favorite with her infectious positivity and approachable attitude - not to mention her incredible voice. Following the band's meteoric rise to fame, she embarked on a solo career, releasing her own hit singles, joining the twenty-eighth season of Dancing with the Stars, and showing people everywhere the rewards of hard work and faith. Now in this moving and inspirational memoir, Ally opens up about the experiences that led her to the spotlight, offering lessons from the heart and revealing how her tight-knit, Mexican-American family have helped her to live fearlessly since she was first catapulted into stardom. Tracing her success from its beginnings in San Antonio, Texas, Ally details the passion for music that took hold of her at a young age, and how with the help of her family she pushed herself to achieve her dreams, no matter how impossible they seemed. While her rise to fame was rapid, it wasn't always smooth, and Ally candidly discusses the challenges she faced along the way, sharing how she navigated tough moments by staying true to herself and her beliefs. Opening up about her journey since Fifth Harmony disbanded, Ally recalls her tireless efforts to make music on her terms, charting back to back singles in the top 40 and amassing over 200 million collective worldwide streams. She also delves into her time on Dancing with the Stars, demonstrating how she conquered her fears and insecurities on her way to a top three finish and further established herself as a role model for young people the world over. Infused with the positive approach to life and spiritual openness that have fueled Ally's journey, Finding Your Harmony uses her stories to help others follow their inner voices-even when the outside world makes it hard.

fascinating glimpse into the life and heart of one of popular music's rising stars.

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