



Blind Ambition: How to Envision Your Limitless Potential and Achieve the Success You Want

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Product Description

A goal-setting guide to top achievement from an award-winning engineer, champion paratriathlete, and IRONMAN world record holder. Diagnosed with a pediatric brain tumor, Patricia Walsh became blind at the age of five. As a teenager, she lost what little vision remained due to surgical complications, and the straight-A student began a downward spiral into depression and hopelessness. But Walsh eventually had an epiphany: if she didn't do something--and fast--she would doom herself to a life devoid of meaning. Today, Walsh is an award-winning computer engineer and champion paratriathlete. She has raced in more than a dozen marathons and ultra-marathons and competed in two IRONMAN triathlons. In 2011, she set the world record for blind triathletes, shattering both male and female records by over 50 minutes. How did she do it? Patricia Walsh refused to be defined by any limits. In *Blind Ambition*, Walsh both inspires and educates by relating her unforgettable personal story while detailing her proven Fuel / Fire / Blaze approach to achieving any goal:

- Fuel:** Set your base goals--those small, day-to-day tasks designed to collectively build toward your final goal
- Fire:** Map important milestones on your journey to keep yourself on track and motivated
- Blaze:** Your highest goals, your most burning desire made real--this is what happens when you add fuel to fire . . .

Drawing on her experience of great adversity--and even greater success--she shows you how to set realistic milestones and describes a simple and effective process for mapping these milestones to daily tasks that will help you achieve what you previously thought unachievable. Every path has obstacles, but you can overcome them. Apply a champion's hard-earned lessons to achieve your goals and live a personally enriching and professionally rewarding life. All it takes is *Blind Ambition*.