



## Teaching Today's Health

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### Product Description

Teaching Today's Health, Tenth Edition, balances comprehensive theory with a wealth of effective classroom activities to give you the tools you need to become successful health educators. This book's strong background and depth in teaching methods prepares you for the challenges of today's teaching environment. Meaningful content enhancements include expanded coverage of bullying and obesity, body systems, and substance abuse and a new Creativity in the Classroom feature and an Index of Strategies). Important currency updates include a significantly updated nutrition chapter with new MyPlate and 2010 Dietary Guidelines and more technology coverage. Helpful Companion Website include all Worksheets available in PDF form, for easy copying to hand out to students in class, and a new easy-to-reference Glossary. Priced significantly less than other books in the market, this attractive two-color book provides great value to you.

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