



## Counseling Across the Lifespan: Prevention and Treatment

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### Product Description

This text focuses on counseling intervention strategies from the unique perspective of an individual's lifespan development, and emphasizes preventive techniques that can be used with normally developing persons. The authors identify, chapter by chapter, those issues which counseling interventions can address at each developmental stage - for example, self-identity and healthy lifestyle development in adolescents, family violence in young adults, retirement transitions for older adults.

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