

Two's Company: The best of cooking for couples, friends and roommates

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Categories: COOKERY / FOOD & DRINK ETC, Cookery by ingredient, Cookery dishes & courses, SPORT, TRAVEL AND

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Product Description

More than 65 original and delicious recipes, written with panache and authority and offering both practical advice and inspiration for anyone cooking at home for two people. Two's Company is a book with a positive message that cooking for two is exciting, fun and worthwhile. More than that - free from the demands of family or guests, liberated from a strict timetable, you can follow your mood, whether you fancy something homey, a fake-away or a creative culinary adventure. There is a major gap in the market for a mainstream cookbook for two, providing inspiration for couples, friends and flat-sharers who enjoy cooking and eating at home. Most of those cooking for two are forced either to scale down recipes or repeatedly contend with a fridge full of leftovers. Supermarkets have identified this trend, and provide a lavish choice of ready meals aimed at twosomes. But there is still a lack of inspiration for those of us who want to cook something fresh from scratch for a partner or friend. Here Orlando Murrin not only brings you original recipes but sets out the different 'rules' to consider when cooking for two. He suggests ways to shop sensibly to minimize waste and shares ingenious tips for shortcuts and techniques, gleaned from working with professional chefs and food stylists.